



14th ACN 2023
ASIAN CONGRESS OF NUTRITION
SEPTEMBER 14-17th CHENGDU CHINA

14th ACN
2023

PROGRAM BOOK

14th Asian Congress of Nutrition
Feeding the Future by Sustainable Nutrition

Chengdu, China
September 14-17, 2023



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FOR ORAL ABSTRACT PRESENTATION SCHEDULE AND LATEST UPDATES OF THE PROGRAMS, PLEASE REFER TO THE SCHEDULE ON THE WEBSITE.



WELCOME REMARKS

Dear colleagues and friends,

Welcome to the 14th Asian Congress of Nutrition (ACN)! Entrusted by the Federation of Asian Nutrition Societies (FANS), it is a great honor for the Chinese Nutrition Society to host the 14th ACN in Chengdu, China, from Sept. 14 to 17, 2023.

Since 1971, ACN has been held every four years to gather innovative minds and empower knowledge exchange in the realm of nutrition. From the official establishment of FANS in 1973, it has walked over 50 years of remarkable progress. This year, we are exceptionally privileged to commemorate and celebrate this milestone through the fruitful four-day conference program of the 14th ACN, enabling us to reflect on the nutrition science journey as an organization and envision the future with novel ideas and exciting discoveries.

The theme of the 14th ACN is "**Feeding the Future by Sustainable Nutrition**". Under this theme, we aim to encourage discussions and gain valuable knowledge on a broad range of nutritional issues, fostering professional connections. Hundreds of academic activities and scientific exhibitions are going to be unveiled in the next four days. The 16th China Nutrition Science Congress is also being held simultaneously. We extend our heartfelt gratitude to all the eminent scientists, professors, scholars, doctors, and dietitians from around the world, whose invaluable participation has made these programs possible. We believe that the 14th ACN will play a pivotal role in fortifying the Asia and international network of researchers and professionals, facilitating with advancements in the field of nutrition.

Well known as the "Land of Abundance" with numerous delicious food, Chengdu is an important birthplace of the ancient "Shu Culture" and an ideal setting for an enriching cultural experience. We hope everyone can enjoy this academic feast, meet new friends, and savor the beautiful and delightful local cuisine of Chengdu. Lastly, we extend our special thanks to the China's State Food and Nutrition Consultant Commission, National Nutrition and Health Commission, and the Chengdu Municipal Government in Sichuan Province for their support to the congress.

I wish all of you a valuable and great time! Thank you.

Prof. Yuexin Yang

Chair, Organizing Committee of 14th ACN 2023

President, Chinese Nutrition Society

President, Federation of Asian Nutrition Societies 2023-2027



Organizations

Organized by:

Organizing Committee of 14th ACN 2023

Federation of Asian Nutrition Societies (FANS)

Chinese Nutrition Society (CNS)

National Institute for Nutrition and Health, China CDC

Under the Auspices of:

International Union of Nutritional Sciences (IUNS)

National Nutrition and Health Commission, China

State Food and Nutrition Consultant Commission, China

China Association for Science and Technology

Chengdu Municipal People's Government, China

Supported by:

China National Center for Food Safety Risk Assessment

China Health Promotion Foundation

National Center of Technology Innovation for Dairy

China Agricultural University, College of Food Science and Nutritional Engineering

Chinese Preventive Medicine Association

Chinese Association for Student Nutrition and Health Promotion

Chinese Medical Doctor Association, Nutrition Professional Committee

China Anti-Cancer Association, Nutritional Oncology Committee

China union of Life Science Societies

China Nutrition and Health Food Association

Institute of Biotechnology and Health, Beijing Academy of Science and Technology

West China Second University Hospital, Sichuan University

West China School of Public Health, Sichuan University

Sichuan Tourism University School of Culinary Science

Food Safety Monitoring and Risk Assessment Key Laboratory of Sichuan Province

Sichuan Nutrition Society

Sichuan Province Food Safety Society

Sichuan Dietetic Association

Organizations

International partners:

Food and Agriculture Organization of the United Nations (FAO)

WHO Regional Office for the Western Pacific

FAO International Network of Food Data Systems (INFOODS)

Northeast Asia Food Data Systems (NEASIAFOODS)

UNICEF China Office

International Carbohydrate Quality Consortium (ICQC)

The Nutrition Society - British Journal of Nutrition

Southeast Asia Public Health Nutrition (SEA-PHN) Network

Korean Society of Food Science and Technology (KoSFost)

Multidisciplinary Digital Publishing Institute (MDPI)

American Society for Nutrition - The Journal of Nutrition

World Animal Protection

ILSI Global and ILSI Southeast Asia Region

French Society of Nutrition

French Federation of Nutrition

FANS members (countries/regions):

Singapore Nutrition and Dietary Association

Nutrition Association of Thailand (NAT)

Nutrition Society of Bangladesh

Nutrition Society of India (NSI)

Iranian Society of Nutrition

Japan Society of Nutrition and Food Science

Nutrition Society of Malaysia

Mongolian Association of Nutrition and Food Service Management

Nutrition Society of Sri Lanka

Vietnam Nutrition Association

Nutrition Society of Pakistan

Lebanese Academy for Nutrition and Dietetics

Hong Kong Nutrition Association, China

Food and Nutrition Society of Indonesia

The Korean Nutrition Society

Nutrition Foundation of the Philippines

Committeess

Organizing Committee

Chair:

Prof. Yuexin Yang National Institute for Nutrition and Health, China CDC

Member:

Prof. Aiguo Ma	Qingdao University
Prof. Beiwei Zhu	Dalian Polytechnic University
Prof. Fazheng Ren	China Agricultural University
Prof. Wei Cai	Shanghai Jiao Tong University
Prof. Xiaoguang Yang	National Institute for Nutrition and Health, China CDC
Prof. Cuiqing Chang	Peking University Third Hospital
Prof. Rong Xiao	Capital Medical University
Prof. Wenhua Ling	Sun Yat-sen University
Prof. Liegang Liu	Huazhong University of Science and Technology
Prof. Zengning Li	The First Hospital of Hebei Medical University
Prof. Kang Yu	Peking Union Medical College Hospital
Prof. Gangqiang Ding	National Institute for Nutrition and Health, China CDC
Prof. Changhao Sun	Harbin Medical University
Prof. Duo Li	Qingdao University
Prof. Youfa Wang	Xi'an Jiaotong University
Prof. An Pan	Huazhong University of Science and Technology
Prof. Junhua Han	Chinese Nutrition Society

Advisory Board

Prof. Longde Wang	Prof. Hardinsyah MS
Prof. Keyou Ge	Prof. Hizanori Kato
Prof. Junshi Chen	Dr. Juliawati Untoro
Prof. E Siong Tee	Prof. Ahmad Sulaeman

Executive Committee

Abdolreza Norouzy	Kalpana Bhaskaran
Ahmad Sulaeman	Kraisid Tontisirin
B. Sesikera	Le Thi Hop
Ching-Jang Huang	Mahenderan Appukutty
Dhammika Senanayake	Nahla Hwalla
E Siong Tee	Nalineee Chongviriyaphan
Enkhtaivan Gombosuren	Sung Nim Han
Ghazala Perveen	Teruo Miyazawa
Gordon Cheung	Victoria N. Manze
Hardinsyah	Yuexin Yang
Hemalathra R	Zahirul Haque Bhuiya
Hiroshi Yoshida	Zhenrui Zhao
Jeongseon Kim	

Congress Information

Date and Venue

Date: Sept. 14-17, 2023

Venue: Tianfu International Convention Center

3333 Shuzhou Road Shuangliu District, Chengdu, Sichuan Province, China

Wifi: TFICC Password: 88888888

Registration

The Registration Desk (North Hall of the Convention Center, 1st floor) is open during the following hours:

Thursday, Sept. 14	10:00 AM - 10:00 PM
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Friday, Sept. 15 - Saturday, Sept. 16	7:30 AM - 8:00 PM
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Sunday, Sept. 17	7:30 AM - 5:30 PM
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Name Badge and Conference Material

Each registered participants will receive a name badge and conference material upon registration.

Please keep your name badge properly and wear it during all congress activities. No admission to sessions, exhibitions and official functions included in the registration fee will be granted without the congress name badge.

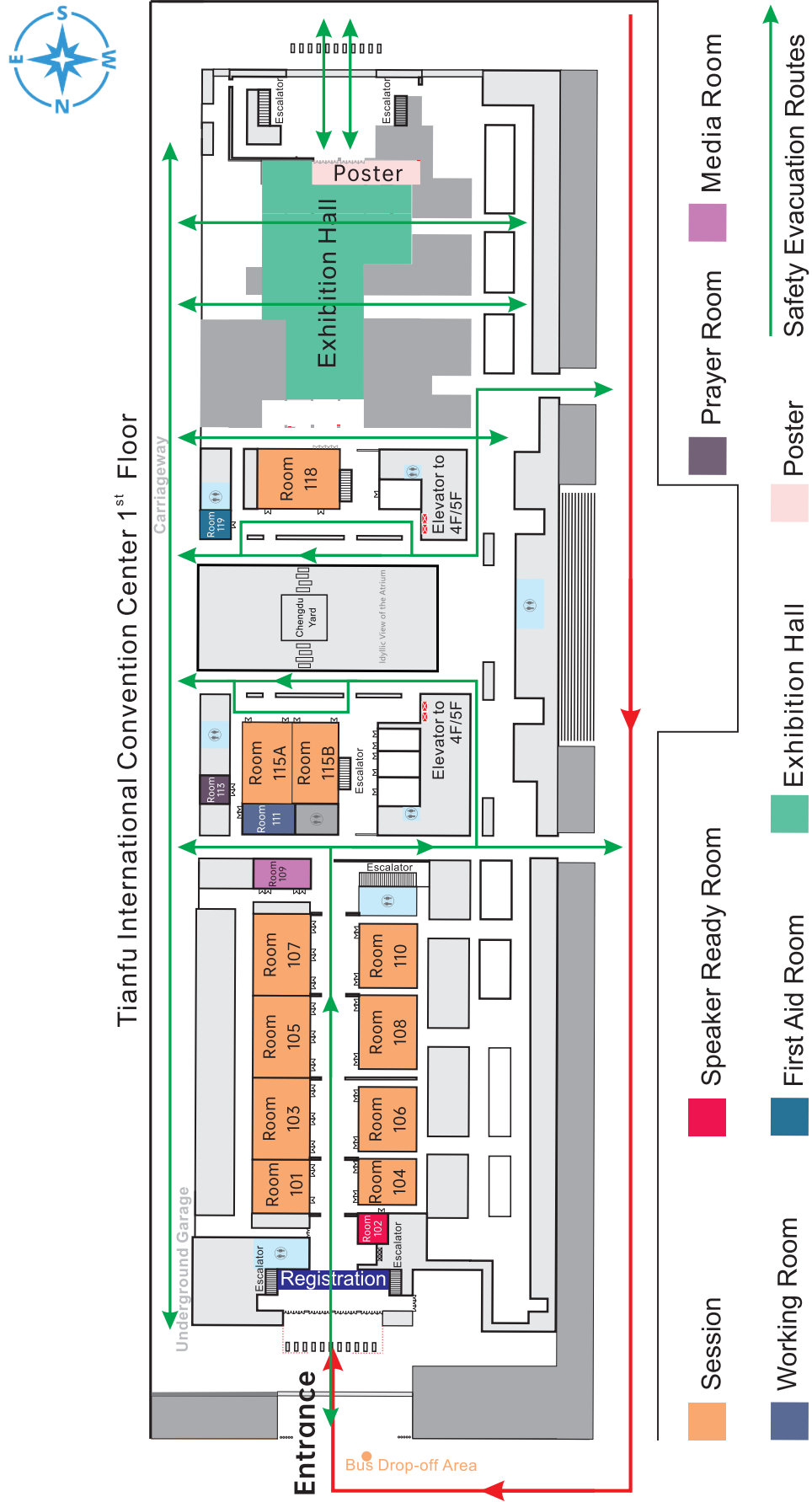
Security Check

The entry security check for this congress will be conducted at the North Hall on the 1st floor of the Convention Center. Representatives attending the congress are requested to enter in an orderly manner and actively cooperate with the security personnel for the security check. Please do not bring any dangerous items such as knives, inflammable or explosive materials into the venue. Please hold beverages, mineral water, and thermos cups in your hands in advance.

Information Desk

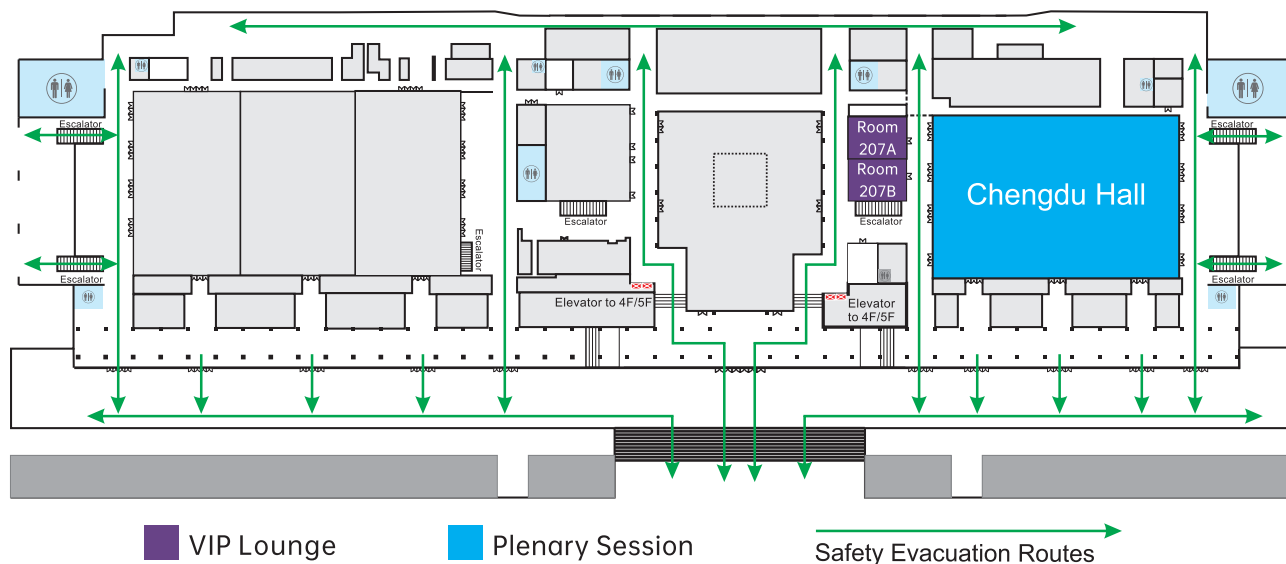
For any more inquires regarding the congress, please visit the Information Desk (North Hall of the Convention Center, 1st floor).

The Venue Plan of 14th Asian Congress of Nutrition (ACN)

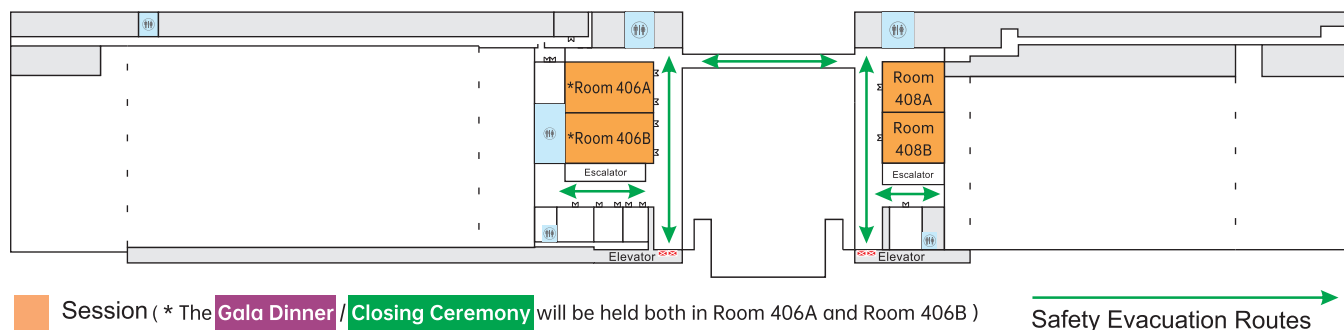




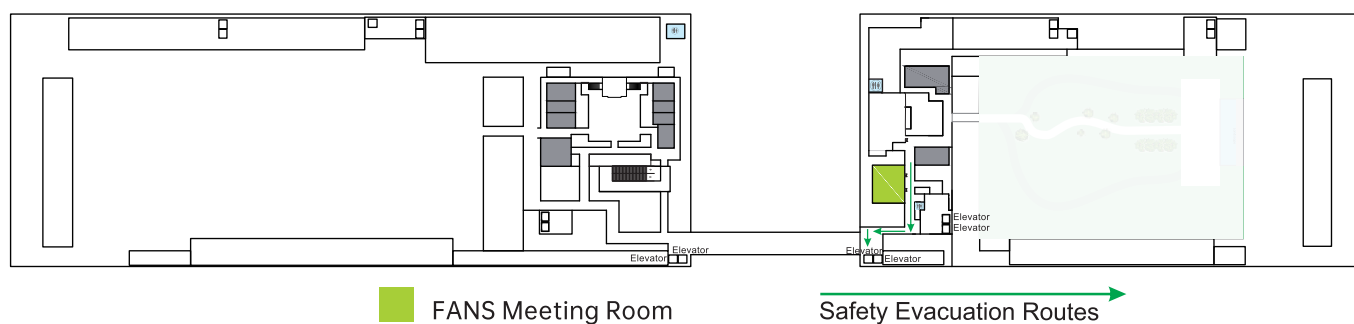
Tianfu International Convention Center 2nd Floor



Tianfu International Convention Center 4th Floor



Tianfu International Convention Center 5th Floor



Instruction of Presentation

Oral Presentation

- If there are any changes to your presentation after you have uploaded your slides, please bring them on a portable drive to the Speaker Ready Room within 24 hours prior to your scheduled session.
- All speakers are encouraged to visit the Speaker Ready Room (Slides/PPT uploading) at least 4 hours in advance of your presentation to test your slides. With such a test, you could ensure all multimedia elements are functioning properly, and familiarize yourself with the setup and equipment.

SPEAKER READY ROOM HOURS	
ROOM 102, TIANFU INTERNATIONAL CONVENTION CENTER	
Thursday, Sept. 14	10:00 AM - 10:00 PM
Friday, Sept. 15	7:30 AM - 8:00 PM
Saturday, Sept. 16	7:30 AM - 8:00 PM
Sunday, Sept. 17	7:30 AM - 5:30 PM

- Please check your oral presentation schedule on congress website: www.acn2023.org. Make sure to arrive for your designated oral session at least 10 minutes prior to the start of the session and sit in the front row of the session room.
- All speakers are required to follow assigned time for presentation, and there will be a countdown reminder on the screen.
- In case of any last minute changes, please check the schedule on the website to confirm the specific date and time.

Poster Presentation

- All posters will be featured in the Exhibition Hall of the Tianfu International Convention Center.
- For e-poster presenters, please come to the poster session at assigned time slots to share your abstracts on the e-poster boards.
- For Best Poster Candidates, please set up and present your posters according to the instructions sent previously in the email.
- In case of any last minute changes, please check the schedule on the website to confirm the specific date and time.

Schedule at a Glance

Thursday, Sept. 14

Time Place	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	17:30	18:00	19:00	20:00	21:00	22:00
1 st Floor North Entrance	Registration & Sign In													
5 th Floor FANS Meeting Room						FANS General Assembly & Executive Council Meeting								
Time Place	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	17:30	18:00	19:00	20:00	21:00	22:00

Friday, Sept. 15

Place	Time
2 nd Floor Chengdu Hall	<div> <div>9:00</div> <div>9:15</div> <div>10:00</div> <div>10:40</div> <div>11:00</div> <div>12:00</div> <div>12:50</div> <div>13:00</div> <div>14:00</div> <div>15:00</div> <div>16:00</div> <div>16:15</div> <div>17:00</div> <div>18:00</div> <div>18:20</div> <div>19:00</div> <div>20:00</div> <div>20:30</div> <div>21:00</div> </div>
	<div> <div>Opening Ceremony</div> <div>Welcome Remarks</div> <div>Coffee Break</div> <div>Plenary Session</div> <div>Lunch Break</div> <div>Plenary Session</div> <div>Coffee Break</div> <div>Plenary Session</div> </div>
Room 406	
Gala Dinner	

Schedule at a Glance

Saturday, Sept. 16

Time	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Place	8:30	10:30	12:10	12:30	13:30	14:30	16:30	17:30	20:30					
101		Fatty Acid Composition and Human Nutrition: Current Knowledge and Future Perspectives			HMO - from Science to Industry		Healthy Aging and Edible Oil Application				Oral 12			
103		Food as Medicine: Inheritance and Innovation			Oral 1		Phytonutrient and senior wellness: Can phytonutrients play a role in expanding healthy lifespan?				Processing for Nutrition: Enhancing Food Quality and Nutritional Value			
104		Bridging the Gap: Nutritional Strategies for Obesity Prevention and Management			Oral 2		Public Nutrition and Population Health: Cohort, Surveillance and Interventions				Sustainable Nutrition: The Future and Development of Goat/Sheep Milk			
105		Vitamin K2 (MK-7) Clinical Research Progress			Oral 3		Nattokinase: from Basic Clinical Research to Foundational Discovery				16th China Nutrition Science Congress			
106		New Insights of Carbohydrate Quality and Human Health – Asia Pacific Symposium 2023			Oral 4		Advancing the Science of DRIs: Reevaluating Existing DRIs and Identifying Future Needs				Oral 13			
107		Dairy Nutrition and Health: New Evidence, Discovery, and Direction			Oral 5		Goat Milk Nutrition and Application				Oral 14			
108		Early Life Nutrition and Childhood Development			Caffeine and Health		Latest Trends in Early Life Special Nutrition Solutions				Oral 15			
110		International Nutrition Policy Summit			Oral 6		Scientific Evidence Based Gut Health: From Gut to Holistic Health				Empowering Tomorrow's Nutrition Leaders: The Young Scholars Forum on Innovative Nutrition and Health Research			
115A		Nutrition Innovation for Clinical Demand: Research and Development Perspectives			Oral 7		The Future of Clinical Nutrition: Groundbreaking Discoveries and Future Directions				Oral 16			
115B		Gut Health Revolution: Exploring Ingredient Innovation and Scientific Advancements			Oral 8		The Food of Tomorrow - Beneficial Components from Microorganisms				Oral 17			
118		Personalized Nutrition Through Omics: A Frontier in Health and Wellness			Oral 9		Nutritional Needs and Practice on Personalized Nutrition				Oral 18			
406A		Addressing Obesity: Transforming Science into Actions			Oral 10		Precision Nutrition: Collaborative Innovation from Scientific Research to Industry							
408A		INFOODS/NEASIAFOODS Workshop: Food, Big Data and Nutrition			Oral 11		INFOODS/NEASIAFOODS Workshop: Food, Big Data and Nutrition				Oral 19			
408B		Novel Nutrient Profiling Systems for the Rich Asian Food Culture	Making a Difference in Public Health Nutrition in Southeast Asia		Lunch Break	Nut Consumption and the Prevention of Prevalent Diseases/ Conditions	Rethink Protein Needs and Micronutrients Fortification in Asia - Session 1	Rethink Protein Needs and Micronutrients Fortification in Asia - Session 2			Oral 20			
Time	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Place	8:30	10:30	12:05	12:30	13:30	14:45	16:15	17:20	20:30					

- Nutrition & Sustainable Development
- Public Health Nutrition
- Basic Nutrition Research
- Food & Nutrition
- Oral Abstract Presentation
- Nutrition across the Lifespan
- Nutrition Education
- Clinical Nutrition
- Precision Nutrition

Schedule at a Glance

Sunday, Sept. 17

Time Place	8:00	8:30	9:00	10:00	11:00	12:00	12:30	13:00	13:30	14:00	15:00	15:30	16:00	17:00	17:30	18:00	18:10	19:00
101			Optimizing Health and Performance: The Role of Nutrition in Exercise and Sports					Oral 21		From Diet to Dementia: Investigating the Role of Nutrition in Brain Health								
103			Navigating Micronutrients: From Science to Practice					Oral 22										
104			From Plates to Microbes: How Nutrition Influences the Human Microbiota and Health					Oral 23		From Plates to Microbes: How Nutrition Influences the Human Microbiota and Health								
105			A Life Time of Opportunity - Connection of Oligosaccharides and Gut Microbiota					Oral 24		Dietitian Development and Future Diet Innovation Forum								
106			Science-based Health Claim in Foods					Oral 25		Nutrition for Community Health								
107			Nutrition Innovation and Health Management of Dairy through the Lifespan					Oral 26		Key Nutritional Health Issues of School Children								
108			New Progress of Maternal and Child Nutrition					Oral 27		Nutrition and Cognition in Early Life								
110			Foundational Nutrition: A Comprehensive Approach to Optimize the Holistic Health					Oral 28		Special Foods and Well-being: Balancing Safety and Functionality (Health Supplements, Medical Foods, Infant Foods)								
115A			Optimizing Cancer Care: Standardized Nutritional Management for Improved Patient Outcomes					Oral 29		Research Progress of Nutrition and Diabetes: from Basic to Clinic								
115B			Nutrition Science and Technological Innovation					Oral 30		Nucleotides Research: Function and Application								
118			The Science of Aging: Nutritional Approaches for Healthy Aging					Oral 31										
406A			Nutrition Education: Practice from a Global Perspective										Closing Ceremony					
406B																		
408A			New Advances in Clinical Application of FSMP and Registered Dietitian Professional Practice					Oral 32		Innovations in Dietary Guidelines: New Approaches and Country Experiences								
408B			Low Sodium Product Intervention: Policy and Health Impact							Scientific Writing for Publication								
Time Place	8:00	8:30	9:00	10:00	11:00	12:00	12:30	13:00	13:30	14:00	15:00	15:30	16:00	17:00	17:30	18:00	18:10	19:00

 Nutrition & Sustainable Development	 Public Health Nutrition	 Basic Nutrition Research	 Food & Nutrition	 Oral Abstract Presentation
 Nutrition across the Lifespan	 Nutrition Education	 Clinical Nutrition	 Precision Nutrition	

Plenary Session Program Schedule

Plenary Schedule

Time: Sept. 15, 8:30-18:30

Room: Chengdu Hall

8:30-9:00 **Pre-conference Entrance**

9:00-9:15 **Cultural Performance**

9:15-9:20 **Welcome Remarks**

Prof. Yuexin Yang

Chair of 14th Asian Congress of Nutrition Organizing Committee

Chinese Nutrition Society, President

9:20-9:30 **Opening Remarks**

Prof. Hardinsyah, MS, PhD

Federation of Asian Nutrition Societies (FANS), President 2019-2023

Dr. Lynnette Neufeld

Food and Nutrition Division (ESN) of FAO, Director

9:30-10:00 **Opening Speech (from Government Representatives)**

10:00-10:40 **FANS 50th Awards Announcement**

10:40-10:50 **Coffee Break**

Plenary Lecture Part 1

Chair: Prof. Yuexin Yang/Prof. Hardinsyah, MS, PhD

10:50-11:30 **Healthy Diets: Advances in Definitions and Data to Inform Effective Actions**

Dr. Lynnette Neufeld

Food and Nutrition Division (ESN) of FAO, Director

11:30-12:10 **Holistic Health and Microecosystem Homeostasis**

Mr. Bin Cong

The 15th Central Committee of Jiusan Society, Vice President

The Constitution and Law Committee of the 14th National People's Congress (NPC),

Vice-Chairperson

The Chinese Academy of Engineering, Academician

12:10-12:50 **Sustainable Nutrition and Development**

Dr. Juliawati Untoro

World Health Organization Regional Office for the Western Pacific (WHO WPRO),

Nutrition Technical Lead

12:50-14:00 **Lunch Break**

Closing Ceremony

Symposia 16 AM

Lunch Session 16

Symposia 16 PM

Dinner Session 16

Symposium 17 AM

Symposia 17 PM

Oral Session

Plenary Session Program Schedule

Plenary Lecture Part 2

Chair: Prof. Wei Cai/Prof. Jeongseon Kim

14:00-14:40 **The Evolution of China's Dietary Practices: Implications to Chronic Disease Prevention and Management**

Prof. Gangqiang Ding

National Institute for Nutrition and Health, China CDC, Director

14:40-15:20 **Omics Tools for Precision Management of Obesity**

Prof. Alfredo Martinez

International Union of Nutritional Sciences (IUNS), Immediate Past President

Precision Nutrition Programs at IMDEA, Spanish, Director

15:20-16:00 **Empowering Aging Society through Sustainable Nutrition**

Prof. Dr. Hyun-Sook Kim

International Union of Nutritional Sciences (IUNS), President-Elect

Sookmyung Women's University, Korea, Professor

16:00-16:15 **Coffee Break**

Plenary Lecture Part 3

Chair: Prof. Wenhua Ling/Prof. Laxmaiah Avula

16:15-16:55 **Toward the Implementation of Precision Nutrition**

Prof. Hisanori Kato

Kagawa Nutrition University, Japan, Professor

16:55-17:35 **Nutrition Competence, GDP and Food Security as Predictors of Nutritional Issues in the Asian Countries**

Prof. Rubina Hakeem

International Union of Nutritional Sciences (IUNS), Council Member

The Department of Human Nutrition and Dietetics at Ziauddin University Karachi Pakistan, Head

17:35-18:15 **The Evolving Roles of a Dietitian in a Sustainable Healthcare Environment**

Ms. Pek Yee Chow

The Federation of Asian Nutrition Societies (FANS), Past President 2011-2015

Department Khoo Teck Puat Hospital, Singapore, Head

18:15-18:20 **Closing of Plenary Lecture**

FANS 50th Anniversary Celebration Gala Dinner

Time: Sept. 15 18:30-21:00

Room: 406

Join by invitation or purchase tickets.



Closing Ceremony Schedule

Closing Ceremony

Date: Sept. 17, 16:00-17:00
Room: 406

16:00-16:05	14 th ACN Video Recap
16:05-16:10	14 th ACN Report
16:10-16:20	14 th ACN Best Poster Award Announcement
16:20-16:30	16 th CNSC Best Poster Award Announcement
16:30-16:40	Conference Travel Award Announcement
16:40-16:50	Best Oral Award Announcement
16:50-17:00	15 th ACN Preview
17:00-17:30	Group Photo

Plenary Session

Closing Ceremony

Symposia 16 AM

Lunch Session 16

Symposia 16 PM

Dinner Session 16

Symposium 17 AM

Symposia 17 PM

Oral Session

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>		
Closing Ceremony	New Insights of Carbohydrate Quality and Human Health-Asia Pacific Symposium 2023		Date: Sept. 16, 8:30-12:00 Room: 106
Symposia 16 AM	Hosted by:	International Carbohydrate Quality Consortium (ICQC) Institute of Biotechnology and Health, Beijing Academy of Science and Technology National Institute for Nutrition and Health, China CDC Chinese Nutrition Society	
	Chair:	Prof. Simin Liu Prof. Xuesong Xiang	
Lunch Session 16	08:30-08:40	Opening Speech	
	08:40-09:10	The interaction of dietary carbohydrates with health Simin Liu <i>Brown University, Professor</i>	
Symposia 16 PM	09:10-09:40	Carbohydrate quality and cancer Livia S. Augustin <i>National Cancer Institute Pascale (Naples, Italy), Professor</i>	
	09:40-10:10	Whole grain, fiber and health Yifang Chu <i>PepsiCo.</i>	
Dinner Session 16	10:10-10:20	Tea Break	
	10:20-10:40	The chrono-effects of carbohydrate on cardio-metabolic diseases Tianshu Han <i>Harbin Medical University, Professor</i>	
Symposium 17 AM	10:40-11:00	Update on Carbohydrate Quality Jing Zhu <i>Institute of Biotechnology and Health, Beijing Academy of Science and Technology, Professor</i>	
	11:00-11:20	Glycaemic Index Labelling: Global and China Perspective Xuesong Xiang <i>National Institute for Nutrition and Health, China CDC, Professor</i>	
Symposia 17 PM	11:20-11:30	Closure remarks Simin Liu <i>Brown University, Professor</i>	
Oral Session			

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Concurrent Symposia Program Schedule

International Nutrition Policy Summit

Date: Sept. 16, 8:30-12:00
Room: 110

Hosted by: Regulatory Committee, Chinese Nutrition Society

Supported by: Mead Johnson China

Chair: Prof. Junhua Han
Dr. Peter Van Dael
Prof. Colin D. Rudolph
Dr. Sa Xu

08:30-08:40 **Opening Speech**

08:40-09:05 **Regulation on FSMP Registration and Thinking of Supervision**
Department of Special Food Safety Supervision and Regulation of State Administration for Market Regulation

09:05-09:30 **Introduction on FSMP regulation in global scope**
Peter Van Dael, PhD
Ulster University, Northern Ireland, UK, Global expert of nutrition regulation, Assoc. Prof.

09:30-09:55 **Technical Requirements and Future Prospects for FSMP of Sarcopenia**
Jianqin Sun, PhD
Huadong Hospital Affiliated to Fudan University, Leading expert of Nutrition, Professor

09:55-10:20 **CMPA Clinical Nutrition Management**
Colin D. Rudolph
University of California, San Francisco, Professor of Clinical Pediatrics

10:20-10:45 **China Nutrition Standards-current and future**
Junhua Han, PhD
Chinese Nutrition Society, Secretary-General, Professor

10:45-11:10 **Outline of Food Labelling Systems for Nutrition and Function Claims in Japan**
ISHIMI Yoshiko
Tokyo University of Agriculture - Nodai Research Institute, Professor

11:10-11:35 **Research Progress and Global Regulations of an Inanimated *Saccharomyces cerevisiae* and its metabolites**
Justin Green, PhD
Global Expert of ISAPP, IPA and CRN

Concurrent Symposia Program Schedule

Addressing Obesity: Transforming Science into Actions

Date: Sept. 16, 8:30-12:00
Room: 406A

Closing Ceremony	Hosted by:	WHO Regional Office for the Western Pacific
	Chair:	Dr. Julliwati Untoro
Symposia 16 AM	08:30-08:35	Introduction Julliwati Untoro <i>WHO Regional Office for the Western Pacific, Nutrition, Technical Lead</i>
	08:35-08:50	Regional overview: addressing obesity today, to protect the health of future generations Julliwati Untoro <i>WHO Regional Office for the Western Pacific, Nutrition, Technical Lead</i>
Lunch Session 16	08:50-09:05	Healthy China strategies to improve food environments in schools, restaurants, and communities Jiao Xu <i>Food Nutrition Division, Department of Food Safety Standard & Risk Surveillance and Risk Assessment, National Health Committee, Director</i>
	09:05-09:20	Leveraging healthy food environments to address obesity: the experience in Singapore Ann Low <i>Healthy Food & Dining, Health Promotion Board, Singapore, Director</i>
Symposia 16 PM	09:20-09:35	Regulating food marketing to children Kathryn Backholer <i>Global Centre for Preventive Health and Nutrition, Deakin University, Professor</i>
	09:35-09:50	Shokuiku: School-based interventions to prevent obesity - What works and how it can improve children's health Katsura Omori <i>Yamagata University, Vice President, Professor</i>
Dinner Session 16	09:50-10:50	Penal discussion Moderator: Colin Bell <i>Institute for Health Transformation and School of Medicine, Deakin University, Professor</i> Participants: Kathryn Backholer <i>Global Centre for Preventive Health and Nutrition, Deakin University, Professor</i> Ann Low <i>Healthy Food & Dining, Health Promotion Board, Singapore, Director</i> Katsura Omori <i>Yamagata University, Vice president and Professor</i>
		Julliwati Untoro <i>WHO Regional Office for the Western Pacific, Nutrition, Technical Lead</i> Jiao Xu <i>Food Nutrition Division, Department of Food Safety Standard & Risk Surveillance and Risk Assessment, National Health Committee, Director</i>
Symposia 17 PM	10:50-11:25	Discussion: Q&A
	11:25-11:30	Summary and closing

Concurrent Symposia Program Schedule

Food as Medicine: Inheritance and Innovation

Date: Sept. 16, 8:30-12:00
Room: 103

Hosted by:	Nutrition and Health Food Branch, Chinese Nutrition Society School of Public Health, Southeast University Institute of Biotechnology and Health, Beijing Academy of Science and Technology
Supported by:	Nutrilite Health and Wellbeing Institute (NHWI) Amway (China) Co.Ltd
Chair:	Prof. Yuexin Yang Ms. Jia Chen
08:30-08:40	Host Opening Speech Prof. Ying Gao Ms. Marissa Kuehn Prof. Guiju Sun Ms. Michelle Stout
08:40-09:05	Food as Medicine - Revitalizing ancient wisdom in the modern molecular context while the clock is ticking Renger Witkamp <i>Nutritional Biology, Wageningen University & Research, Netherlands, Professor</i>
09:05-09:30	Food as medicine under the view of modern nutrition Guiju Sun <i>Southeast University, China, Professor</i>
09:30-09:55	Indian food heritage-wisdom with the ages Niranjan Hegde <i>Aapayam Ayurveda Treatment Centre, India, Professor</i>
09:55-10:20	Health eating pattern and health aging Yuming Chen <i>Sun Yat-Sen University, China, Professor</i>
10:20-10:45	Characterization of dietary patterns and assessment of their relationships with metabolomic profiles: WELL-China cohort study Shankuan Zhu <i>Zhejiang University, China, Professor</i>
10:45-11:10	Exploration of healthy pattern of morning nutrition: from theory to practice Feijie (Jeffy) Wang, PhD <i>Amway (China) R&D Center, China</i>
11:10-11:35	Nutri-PEITC jelly, a functional food for tertiary cancer prevention: from basic research to clinical trial Dunyaporn Trachootham <i>Institute of Nutrition, Mahidol University, Thailand, Associate Professor</i>
11:35-12:00	Dangjo Chili Pepper: adding high value through jumping functional ingredients in Korean agricultural products Ji-Yeon Kim <i>Seoul National University of Science and Technology, Korea, Professor</i>

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>	
Closing Ceremony	Early Life Nutrition and Childhood Development	Date: Sept. 16, 8:30-12:00 Room: 108
Symposia 16 AM	Hosted by: Shanghai JS Life Sciences Institute National Institute for Nutrition and Health, China CDC Supported by: Nestlé (China) Ltd. Wyeth Nutrition Chair: Dr. Junshi Chen Dr. Jena Derakhshani Hamadani Prof. Wenhua Zhao	
Lunch Session 16	08:30-08:40 Opening remarks Junshi Chen <i>Shanghai JS Life Sciences Institute, Director</i> <i>China National Centre for Food Safety Risk Assessment, Chief Adviser, Professor</i>	
Symposia 16 PM	08:40-09:05 Nutrition and early childhood development: a global perspective Jena Derakhshani Hamadani <i>International Centre for Diarrhoeal Disease Research, Bangladesh (ICDDR, B), Professor</i>	
Dinner Session 16	09:05-09:30 Nutrition and early childhood development in China Zhenyu Yang <i>National Institute for Nutrition and Health, China CDC, Professor</i>	
Symposium 17 AM	09:30-09:55 Advancements in Nutritional Research for Early-Life Development: Human Milk Oligosaccharides (HMOs) Yumei Zhang <i>School of Public Health, Peking University, Professor</i>	
Symposia 17 PM	09:55-10:20 Role of Nutrient Blend on Developmental Myelination: a Crucial Process in Early Brain Development Jie Shao <i>Children’s Hospital, Zhejiang University School of Medicine, Professor</i>	
Oral Session	10:20-10:30 Tea break 10:30-10:55 Childhood: The Transformation Stage of Cognitive Function Development and the Key Role of Nutrients Jose Saavedra <i>Johns Hopkins University, Professor</i>	
	10:55-11:20 Nutrition and cognitive development of school aged children in China Qian Zhang <i>National Institute for Nutrition and Health, China CDC, Professor</i>	
	11:20-12:00 Panel discussion and summary Junshi Chen <i>Shanghai JS Life Sciences Institute, Director</i> <i>China National Centre for Food Safety Risk Assessment, Chief Adviser, Professor</i> Wenhua Zhao <i>National Institute for Nutrition and Health, China CDC, Professor</i>	

Concurrent Symposia Program Schedule

Dairy Nutrition and Health: New Evidence, Discovery, and Direction

Date: Sept. 16, 8:30-12:00
Room: 107

Hosted by:	Chinese Nutrition Society The Singapore Nutrition and Dietetics Association (SNDA)
Supported by:	Junlebao Dairy Group
Chair:	Prof. Kalpana Bhaskaran Prof. Meng Mao
08:30-08:35	Opening Session
08:35-09:05	Human Milk Oligosaccharides and Early Development of Infants and Young Children Meng Mao <i>West China Second University Hospital, Sichuan University, Professor of Pediatrics</i>
09:05-09:35	Relevance of Dietary Glycemic Index, Glycemic Load on Maternal and Infant Glucose Homeostasis Kalpana Bhaskaran <i>Temasek Polytechnic, Professor</i>
09:35-10:05	Sharing of the latest data and clinical application of nutritional lipids in dairy products in early infants Huidong Huang, Mr. <i>Junlebao Dairy Group Nutrition Research Institute, Chief Nutrition Research Expert</i>
10:05-10:35	Updates on Dairy nutrition and Child Growth Hamid Jan Bin Jan Mohamed, PhD <i>School of Health Sciences, University Sains Malaysia, Professor</i>
10:35-11:05	Innovative dairy-based beverages to meet the nutritional needs of elderly and hospitalised patients Karen Munday, PhD <i>Representative of New Zealand Nutrition Society</i>
11:05-11:35	Round Table Discussion (New progress in dairy nutrients and population health development) <i>All Speakers</i>
11:35-11:45	Closing Summary Kalpana Bhaskaran <i>Temasek Polytechnic, Professor</i>

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>		
Closing Ceremony	Fatty Acid Composition and Human Nutrition: Current Knowledge and Future Perspectives	Date: Sept. 16, 8:30-12:00 Room: 101	
Symposia 16 AM	Hosted by: National Nutrition Science Research Grant Committee Chinese Nutrition Society Supported by: Yihai Kerry Arawana Holdings Co., Ltd. Chair: Prof. Nam-Hai Chua		
Lunch Session 16	08:30-08:40 Address Nam-Hai Chua <i>The Rockefeller University, Andrew W. Mellon Professor</i> 08:40-09:05 Dietary Fatty Acids and Prevention of Chronic Diseases Guiju Sun <i>School of Public Health, Southeast University, Professor</i> 09:05-09:30 Effects of Blended Oils with Different Fatty Acid Ratios on Lipid Metabolism, Gut Microbiota and Potential Mechanisms in Prediabetes Changhao Sun <i>Harbin Medical University, Vice President, Professor</i>		
Symposia 16 PM	09:30-09:55 Develop precision minimal processing for the nutritional/health function of oil Xingguo Wang <i>School of Food Science, Jiangnan University, Professor</i> 09:55-10:20 Scientific understanding of total fat, saturated fat and health effects Bing Zhang <i>National Institute for Nutrition and Health, China CDC, Professor</i>		
Dinner Session 16	10:20-10:45 Regulation of dietary fats on the homeostasis of glucose and fat metabolism and the safety control Yu Zhang <i>College of Biosystems Engineering and Food Science, Zhejiang University, Professor</i> 10:45-11:10 Essential Fatty Acids: Its Importance In the Early Life. Ahmad Sulaeman <i>Department of Community Nutrition, Faculty of Human Ecology, IPB University Bogor INDONESIA, Professor; Secretary General, FANS</i>		
Symposium 17 AM	11:10-11:35 Unveiling longitudinal microbiome trends in a C15 intervention clinical trial Lim Junliang Kevin <i>Wilmar Innovation Center, Scientist</i>		
Symposia 17 PM	11:35-12:00 Practice of Nutritional Health and Fatty Acid Balance for Students Qian Zhang <i>National Institute for Nutrition and Health, China CDC, Professor</i>		
Oral Session			

Concurrent Symposia Program Schedule

Bridging the Gap: Nutritional Strategies for Obesity Prevention and Management

Date: Sept. 16, 8:30-12:00
Room: 104

Hosted by:	Obesity Prevention and Control Branch, Chinese Nutrition Society Global Health Institute, Xi'an Jiaotong University
Supported by:	International Obesity and Metabolic Disease Research Center, Xi'an Jiaotong University
Chair:	Prof. Youfa Wang Prof. Mohd Ismail Noor
08:30-08:40	Global obesity epidemic needs global efforts Youfa Wang <i>Obesity Prevention and Control Branch, Chinese Nutrition Society, President; Health Science Center, Xi'an Jiaotong University, Vice Director; Global Health Institute, Xi'an Jiaotong University, Dean</i>
08:40-09:10	The WHO recommendations for fighting the global obesity epidemic Francesco Branca <i>Department of Nutrition and Food Safety, WHO, Director</i>
09:10-09:40	Prevention and management of obesity and diabetes: what in common? Akhtar Hussain <i>International Diabetes Federation, President; Nord University, Professor</i>
09:40-10:10	Combating obesity in Malaysia: efforts and challenges Mohd Ismail Noor <i>University Kebangsaan Malaysia, Emeritus Professor in Nutrition; Taylor's University, Adjunct Professor (2023-2024)</i>
10:10-10:25	A changing landscape in obesity treatment: do we still need prevention? Donna H. Ryan <i>World Obesity Federation, Former President; Pennington Biomedical Research Center, Louisiana State University, Professor Emerita</i>
10:25-10:40	China's national efforts to fight the obesity epidemic: focus on nutrition Jiao Xu <i>Division of Food Nutrition, Department of Food Safety Standards, Risk Surveillance and Assessment, National Health Commission of the People's Republic of China, Director</i>
10:40-10:55	Impact of COVID-19 pandemic on obesity risk Xiangyang Tian <i>Academic Committee, Chinese Center for Health Education, Secretary General</i>
10:55-11:10	Disparities of obesity and related risk factors in China and Western Pacific region Wen Peng <i>Obesity Prevention and Control Branch, Chinese Nutrition Society, Secretary General; Nutrition and Health Promotion Center, Medical College, Qinghai University, Director</i>
11:10-11:25	The Link Between Sleep and Obesity in Children: Global Evidence Jianduan Zhang <i>Department of Maternal and Child Health, School of Public Health, Tongji Medical College, Huazhong University of Science and Technology, Professor</i>
11:25-12:00	Round table All speakers

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>	
Closing Ceremony	Vitamin K2 (MK-7) Clinical Research Progress	Date: Sept. 16, 8:30-12:00 Room: 105
Symposia 16 AM	Hosted by: Nutrition and Health Food Branch, Chinese Nutrition Society Supported by: Sungen Bioscience Co., Ltd. Chair: Prof. Yuexin Yang	
Lunch Session 16	08:30-08:55 Industrial development progress of vitamin K2 in China - New discoveries make life more exciting. Jiepeng Chen <i>Sungen Bioscience Co.,Ltd., Chief Scientist</i>	
Symposia 16 PM	08:55-09:20 Possible role of vitamin K (MK7) in nutritional management of sarcopenia Kang Yu <i>Peking Union Medical College Hospital, Chief Physician, Professor</i>	
	09:20-09:45 Investigation of Vitamin K2 in the Management of Leg Muscle Cramps Jing Tan <i>The third people's hospital of Chengdu, Director</i>	
Dinner Session 16	09:45-10:10 Vitamin K2 alleviates lipopolysaccharide-induced acute lung injury in mice Shuzhuang Li <i>Dalian Medical University, Physiology professor</i>	
	10:10-10:35 Vitamin K2 supplementation improves impaired glycemic homeostasis and insulin sensitivity for type 2 diabetes through gut microbiome and fecal metabolites. Ying Li <i>Harbin Medical University, Vice President</i>	
Symposium 17 AM	10:35-11:00 Nutritional status of vitamin K in pregnant women and its association with pregnancy complications and neonatal outcomes. Yongye Sun <i>Institute of Nutrition and Health, Qingdao University, Professor</i>	
Symposia 17 PM	11:00-11:25 Recent Progresses of Basic and Clinical Research of Vitamin K2 Yiu-Kay Lai <i>Inst. of Biotechnology, National Tsing Hua University, Professor Emeritus</i>	
	11:25-11:45 Nutrition and Bone Health: Current Evidences and Frontiers Yishu Ding <i>Sanofi Consumer Healthcare, Sr. Medical Mananger</i>	
Oral Session		

Concurrent Symposia Program Schedule

Nutrition Innovation for Clinical Demand: Research and Development Perspectives

Date: Sept. 16, 8:30-12:00
Room: 115A

Hosted by:	Maternal & Child Nutrition Center, West China Second University Hospital, Sichuan University
Supported by:	Hainan Tian Zhuang Nutrition Engineering Co., Ltd.
Chair:	Prof. Guo Cheng
08:30-08:40	Opening Session Hui Wang <i>School of Public Health, Shanghai Jiao Tong University, Professor, Dean</i> Yuxia Ma <i>School of Public Health, Hebei Medical University, Professor, Deputy Dean</i>
08:40-09:05	Nutrition in the first 1000 days of life – long-term impact Berthold Koletzko <i>University of Munich, Professor; Division of Metabolic & Nutritional Medicine, Dr. von Hauner Children's Hospital, University of Munich, Germany, Head</i>
09:05-09:30	Nutritional intervention for autism spectrum disorders in clinical practice Fei Li <i>Xinhua Hospital Affiliated to Shanghai Jiao Tong University School of Medicine, Professor, Vice-President</i>
09:30-09:55	Clinical cohort study and nutritional intervention in gestational diabetes mellitus Guo Cheng <i>Maternal & Child Nutrition Center, West China Second University Hospital, Sichuan University, Professor, Director</i>
09:55-10:10	Tea Break
10:10-10:35	Nutritional factors in the prevention of atopic dermatitis and food allergy in children Naoki Shimojo <i>Chiba University, Japan, Professor</i>
10:35-11:00	Blood lipids and neurodegenerative diseases Xiang Gao <i>Department of Nutrition and Food Hygiene, School of Public Health, Fudan University, Professor, Director</i>
11:00-11:25	Soy consumption, pubertal timing and neuroendocrine regulation Jingyuan Xiong <i>West China School of Public Health and West China Fourth Hospital, Sichuan University, Associate Professor; Healthy Food Evaluation Research Center, Sichuan University, PI</i>
11:25-11:50	Prepregnancy weight change, gestational weight gain, and risk of gestational diabetes in Chinese women Xiongfei Pan <i>West China Second University Hospital, Sichuan University, Professor; Laboratory of Epidemiology and Population Health, West China Second University Hospital, Sichuan University, PI</i>

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>		
Closing Ceremony	Gut Health Revolution: Exploring Ingredient Innovation and Scientific Advancements		Date: Sept. 16, 8:30-12:00 Room: 115B
Symposia 16 AM	Hosted by:	Zhongyinghui Nutrition and Health Research Institute Academy of Nutrition and Health, Chinese Nutrition Society West China School of Public Health, Sichuan University	
	Supported by:	dsm-firmenich	
Symposia 16 AM	Chair:	Prof. Lars Bode Prof. Yingyao Wang	
Lunch Session 16	08:30-08:40	Opening Session	
	08:40-09:10	The effect of HMOs on gut health and human nutrition Lars Bode <i>University of California San Diego, Pediatrics and Director of the Human Milk Institute, Professor</i>	
Symposia 16 PM	09:10-09:35	Always Evidence-driven Innovation in Probiotics Seema Mody <i>Master of Food Science, University of Guelph, Canada; Master of Human Nutrition & Dietetics, National Dairy Research Institute</i>	
	09:35-10:00	Cell factory engineering and process design to make human milk oligosaccharides (HMOs) available to the world Niels Banke <i>HMO R&D, Glycom, dsm-firmenich, Chief Science Officer</i>	
Dinner Session 16	10:00-10:10	Morning Break	
	10:10-10:40	The effect of Probiotics on gastrointestinal health for infants and kids Fang He <i>West China School of Public Health, Sichuan University, Professor, PhD advisor</i>	
Symposium 17 AM	10:40-11:05	Health from Gut: the influence of nutritional ingredients on human microbiome Danica Bajic <i>Prebiotics Task Force ILSI Europe, Scientific Expert</i>	
	11:05-11:30	New innovation of Probiotics on gastrointestinal disorders for Kids Ke Chen <i>The Affiliated Women's and Children's Hospital, School of Medicine, UESTC, Chief Physician, Professor</i>	
Symposia 17 PM	11:30-11:55	Gut-Health axis.How probiotics support adult health Bo Yang <i>School of Food Science and Technology, Jiangnan University, Professor, PhD advisor</i>	
	11:55-12:10	Q & A	
Oral Session			

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Concurrent Symposia Program Schedule

Personalized Nutrition Through Omics: A Frontier in Health and Wellness

Date: Sept. 16, 8:30-12:00
Room: 118

Hosted by: Harbin Medical University

Chair: Prof. Changhao Sun
Assoc. Prof. Kun Zhu

08:30-08:55 Mitochondrial DNA copy number and stroke prognosis

Chaolong Wang

Huazhong University of Science and Technology, Professor

08:55-09:20 The thrifty gene hypothesis and a severe human bottleneck due to climate changes in the Early Stone Age

Haipeng Li

Shanghai Institute of Nutrition and Health, Chinese Academy of Sciences, Professor

09:20-09:45 Longitudinal stability of vitamin D status and its association with bone health in young and older adults

Kun Zhu

University of Western Australia, Associate Professor

09:45-10:10 Weight loss in overweight individuals results in improvement in insulin resistance and alteration of multiple transcriptomic networks in muscle.

Boxiang Liu

National University of Singapore, Assistant Professor

10:10-10:35 The statistical strategy, method and its implementation of development of prognostic prediction models based on tumor omics data

Ruyang Zhang

Nanjing Medical University, Associate Professor

10:35-11:00 Personalized Nutrition: Exploring the Road from Clinical Research to Industrial Application

Juntao Kan

Amway China, Senior Scientist of Nutrition Investigation

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>	
Closing Ceremony	INFOODS/NEASIAFOODS Workshop: Food, Big Data and Nutrition	Date: Sept. 16, 8:30-12:05 Room: 408A
Symposia 16 AM	Hosted by: National Institute for Nutrition and Health, China CDC Chinese Nutrition Society Nutrition Big Data and Health Branch, Chinese Nutrition Society FAO-INFOODS NEASIAFOODS Supported by: JOYVIO Group Chair: Dr. Bridget Holmes Prof. Zhu Wang	
Lunch Session 16	08:30-08:45	Opening Session Lynnette Neufeld <i>Food and Nutrition Division (ESN) of FAO, Director</i> Yuexin Yang <i>National Institute for Nutrition and Health, China CDC, Professor</i>
Symposia 16 PM	Section 1: Food composition database and human health Chair: Dr. Enkhtaivan Gombosuren Prof. Zhu Wang	
Dinner Session 16	08:45-09:10	A global overview of the state of food composition and recent FAO/INFOODS activities Bridget Holmes <i>Food and Nutrition Division of FAO, Group Leader</i>
Symposium 17 AM	09:10-09:35	National surveillance for food nutrition during 2010-2020 in China Zhu Wang <i>National Institute for Nutrition and Health, China CDC, Professor</i>
Symposia 17 PM	09:35-10:00	Establishment of Asian food composition database Leila Africa <i>Philippines, University of the Philippines Los Baños, Professor</i>
Oral Session	10:00-10:25	Fostering Nutritional Advancement through Indigenous Food Systems Thingnganing Longvah <i>National Institute of Nutrition, India, Professor</i>
	10:25-10:50	The development of diversified food supply system in China Dazhou Zhu <i>Institute of Food and Nutrition Development, Ministry of Agriculture and rural areas, Professor</i>
	10:50-11:15	Food antioxidants and strategy to enhance their oral absorption Jingyuan Wen <i>University of Auckland, Professor</i>
	11:15-11:40	Glycemic responses to various component diets: a 14-day continuous glucose monitoring study in elderly Chinese adults. Yuming Chen <i>Sun Yat-sen University, Professor</i>
	11:40-12:05	Dietary sugar levels and their health effects on the Chinese population Jianwen Li <i>National Center for Food Safety Risk Assessment, Associate Researcher</i>

Concurrent Symposia Program Schedule

Novel Nutrient Profiling Systems for the Rich Asian Food Culture

Date: Sept. 16, 8:30-10:30
Room: 408B

Hosted by:	Chinese Nutrition Society Institute of Nutrition, Mahidol University Food Institute of Nutrition Research of the Philippines
Supported by:	Ajinomoto Co., Inc.
Chair:	Dr. E Siong Tee Dr. Adam Drewnowski
08:30-08:50	Novel NPS Adapted to the Needs of Southeast Asia Adam Drewnowski <i>Center for Public Health Nutrition, University of Washington (USA), Director</i>
08:50-09:10	A New Nutrient Profiling System (NPS) based on dishes Chie Furuta <i>Food Research Institute, Ajinomoto Co., Inc. (Japan)</i>
09:10-09:30	The Thai NPS Wantanee Kriengsinyos <i>Institute of Nutrition, Mahidol University (Thailand)</i>
09:30-09:50	The Philipinne HEI, assesment of the quality of the Filipino diet Imelda Angeles-Agdeppa <i>Food and Nutrition Research Institute (Philippines)</i>
09:50-10:30	Panel discussion Speakers

Making a difference in public health nutrition in Southeast Asia

Date: Sept. 16, 10:30-12:00
Room: 408B

Hosted by: Southeast Asia Public Health Nutrition (SEA-PHN) Network
Chair: Dr. E Siong Tee

10:30-10:35 **Introduction, welcome remarks**
E Siong Tee, PhD
SEA-PHN Network, Chair; Nutrition Society of Malaysia, President

10:35-10:50 **About SEA-PHN Network – Rationale, Objectives, Operational Framework, Key network activities**
Nalinee Chongviriyaphan, MD, Professor
SEA-PHN Network, Vice-Chairman; Nutrition Association of Thailand, President

10:50-11:05	<p>School nutrition promotion programme using the GNHKC module</p> <p>Hardinsyah, PhD, Professor</p> <p><i>Federation of Asian Nutrition Societies, President; SEA-PHN Network, Council Member; Food and Nutrition Association of Indonesia, President</i></p>
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11:05-11:20 **Food-based dietary guidelines in Southeast Asia countries**
Le Thi Hop, PhD, Professor
Vietnam Nutrition Association, Council Member

11:20-11:35 **Recommended energy and nutrient intake values in Southeast Asian countries**
E Siong Tee, PhD
SEA-PHN Network. Chair: Nutrition Society of Malaysia. President

11:35-11:50 **Discussion, Q & A**
Chair and all speakers of session

11:50-11:55	Closing remarks E Siong Tee, PhD <i>SEA-PHN Network, Chair: Nutrition Society of Malaysia, President</i>
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Concurrent Symposia Program Schedule

Human Milk Oligosaccharides - From Science to Industry

Date: Sept. 16, 12:30-13:30
Room: 101

Hosted by:
Supported by:
Chair:

The Breast Milk Composition Technical Working Group of Chinese Nutrition Society
Kyowa Hakko Bio Co., Ltd.
Prof. Hisanori Kato

12:30-13:00
13:00-13:30

Science of milk oligosaccharides as a basis for creating new industries
Tadasu Urashima, PhD
Obihiro University of Agriculture and Veterinary Medicine, Professor Emeritus
Industrial Production of Human Milk Oligosaccharides Using Microorganisms
Tetsuro Ujihara, PhD
Kyowa Hakko Bio Co., Ltd., Senior Research Scientist

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>	
Closing Ceremony	Personalized solution based on Evidence-based research on caffeine and health	Date: Sept. 16, 12:30-13:30 Room: 108
Symposia 16 AM	Hosted by: Chinese Nutrition Society Supported by: Nestlé (China) Ltd. Chair: Prof. Cuiqing Chang	
Lunch Session 16	12:30-12:40 Opening Session 12:40-13:10 Evidence-based study on the association between caffeine and health Guansheng Ma <i>School of Public Health, Peking University, Professor</i> 13:10-13:20 Personalized Caffeine Recommendation: research & predictive algorithm development Kai Yu <i>Nestlé Research, Nestlé Institute of Health Sciences China Hub Manager</i> 13:20-13:30 Panel Discussion Guansheng Ma <i>School of Public Health, Peking University, Professor</i>	
Symposia 16 PM		
Dinner Session 16		
Symposium 17 AM		
Symposia 17 PM		
Oral Session		

Concurrent Symposia Program Schedule

Advancing the Science of DRIs: Reevaluating Existing DRIs and Identifying Future Needs

Date: Sept. 16, 14:00-17:30
Room: 106

Hosted by:	Chinese Nutrition Society
Chair:	Prof. Yuexin Yang Dr. E Siong Tee
14:00-14:10	Introduction and Welcome Yuexin Yang <i>Chinese Nutrition Society, President</i> E Siong Tee <i>Nutrition Society of Malaysia, President</i>
14:10-14:30	Review of recommended energy and nutrient intake values in Southeast Asian countries: thoughts for the way forward E Siong Tee, PhD <i>Nutrition Society of Malaysia, President</i>
14:30-14:50	Innovations in Methodologies for DRIs: Approaches, Challenges, and Opportunities Ann L.Yaktine, PhD, MS, RD <i>Food and Nutrition Board, United States, Director</i>
14:50-15:10	Adapting to Change: A Comprehensive Overview of China’s 2023 DRIs Update Xiaoguang Yang, PhD <i>National Institute for Nutrition and Health, China CDC, Professor</i>
15:10-15:30	The 20 year experience of DRIs for Japanese, the present tasks, and future direction Satoshi Sasaki <i>The University of Tokyo, Japan, Professor Emeritus</i>
15:30-15:50	Development of Nutrient Reference Values in Australia: current progress, challenges and next steps (video) Jennifer Savenake <i>National Health and Medical Research Council, Australia, Director</i>
15:50-16:10	Transforming RDA’s into evidence-based actionable Food Based Dietary Guidelines in Singapore Kalpana Bhaskaran, MSc, MPhil, PhD <i>Singapore Nutrition and Dietetics Association, President</i>
16:10-16:30	The Vietnam DRIs: from recommendation to practice Do Thi Ngoc Diep, MD <i>Vietnam Nutrition Association, Vice President</i>
16:30-16:50	The importance of DRIs for public health (video) Anura Kurpad, MD, PhD <i>St John’s Medical College, India, Professor</i>
16:50-17:00	Q & A
17:00-17:30	Panel Discussion

Concurrent Symposia Program Schedule

Phytonutrient and senior wellness: Can phytonutrients play a role in expanding healthy lifespan?		Date: Sept. 16, 14:00-17:40 Room: 103
Hosted by:	Nutrition and Health Food Branch, Chinese Nutrition Society Korean Society of Food Science and Technology (KoSFost) Nutrition Association of Thailand (NAT)	
Supported by:	Nutrilite Health and Wellbeing Institute (NHWI) Amway (China) Co.Ltd	
Chair:	Prof. Yuexin Yang Prof. Nalinee Chongviriyaphan Ms. Jia Chen	
14:00-14:15	Host Opening Speech Prof. Songyi Lin Prof. Kiyotaka Nakagawa Prof. Sanguine Byun	
14:15-14:45	Mitochondrial autophagy, aging and health span David Walker <i>University of California, US, Professor</i>	
14:45-15:15	Study on improving dyslipidemia in middle-aged and elderly people with plant food components Wenhua Ling <i>Sun Yat-Sen University, China, Professor</i>	
15:15-15:45	Food material as a potential candidate for sport nutrition and prevention of sarcopenia Young Jin Jang <i>Seoul Women’s University, Korea, Professor</i>	
15:45-16:15	Effects of water-soluble mangosteen extract on cognitive function and neuropsychiatric symptoms in patients with mild to moderate Alzheimer's disease (WECAN-AD): a randomized controlled trial Weerasak Muangpaisan, PhD <i>Mahidol University, Thailand, Professor</i>	
16:15-16:45	Study of curcumin on the regulation of immune and inflammatory responses: A case study of phytonutrient research approach Liang (Clark) Chen, PhD <i>Amway (China) R&D Center, China</i>	
16:45-17:30	Panel Discussion:Importance of Phytonutrient in super aged society: discussion on role of phytonutrients in science perspectives Yang-Hee Cho, PhD <i>Amway Japan & Korea, Vice-President</i> David Walker <i>University of California, Los Angeles, US, Professor</i> Ji-Yeon Kim <i>Seoul National University of Science and Technology, Korea, Professor</i> Weerasak Muangpaisan, PhD <i>Mahidol University, Thailand, Professor</i> Wenhua Ling <i>Sun Yat-Sen University, China, Professor</i>	
17:30-17:40	Closing Address Kwang-Won Lee <i>Korean Society of Food Science and Technology, Korea, President, Professor</i>	

Concurrent Symposia Program Schedule

Rethink Protein Needs and Micronutrients Fortification in Asia - Perspectives on Nutrition & Health, Innovation and Regulation

Date: Sept. 16, 14:45-18:00
Room: 408B

Hosted by: ILSI Global and ILSI Southeast Asia Region
Chair: Mrs. Boon Yee Yeong

14:45-14:55 **Welcome Remarks**
Boon Yee Yeong
ILSI SEA Region, Executive Director

Session 1: Protein for Health and Sustainable Solution

Chair: Boon Yee Yeong
ILSI SEA Region, Executive Director

14:55-15:15 **Assessing Protein Quality of Sustainable Food Sources to Improve Nutrition in Asia**
Wantanee Kriengsinyos
Institute of Nutrition, Mahidol University, Associate Professor

15:15-15:35 **Protein Nutrition and Sarcopenia in the Aging Population – A review and case example**
Feli Lo Yang
Department of Nutritional Science, College of Human Ecology, Fu Jen Catholic University, Associate Professor

15:35-15:55 **Harnessing Plant Proteins for Cell-based Meat Culture and Seafood Analogues for Human Nutrition and Sustainable Development**
Dejian Huang
Department of Food Science and Technology, National University of Singapore, Professor, Deputy Head

15:55-16:15 **Q & A**

Session 2: Food Fortification for Improved Nutrition and Health – Strategies, Success and Challenges

Chair: Pattanee Winichagoon
Institute of Nutrition, Mahidol University, Associate Professor

16:30-16:50 **Nutritional Status and Food Fortification Efforts in the Philippines**
Imelda Agdeppa, PhD
Department of Science and Technology – Food and Nutrition Research Institute (DOST-FNRI), Director IV, Scientist IV

16:50-17:10 **Voluntary Food Fortification for improved Nutrition – Industry Perspectives**
Wei Tang
Unilever, Diet & Health - Asia, Regional Head

17:10-17:30 **Food Fortification Regulation and Guidance in SE Asia – Status and Approaches Towards Harmonization**
Pauline Chan
ILSI Southeast Asia Region, Director, Scientific Programs

17:30-17:50 **Q & A**

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>	
Closing Ceremony	Nut Consumption and the Prevention of Prevalent Diseases/Conditions	Date: Sept. 16, 13:00-14:30 Room: 408B
Symposia 16 AM	Hosted by: INC, International Nut and Dried Fruit Council Chair: Prof. Jordi Salas-Salvadó	
Lunch Session 16	13:00-13:10 Opening Prof. Jordi Salas-Salvadó <i>Rovira i Virgili University, the Human Nutrition Unit, Director, Professor</i>	
Symposia 16 PM	13:10-13:35 Nut consumption and cardiovascular disease Prof. Gang Liu <i>School of Public Health, Tongji Medical College, Huazhong University of Science and Technology, Professor of Nutrition and Epidemiology</i>	
Dinner Session 16	13:35-14:00 Nuts, cognitive performance and impairment Dr. Changzheng Yuan <i>School of Public Health, Zhejiang University, Research Professor</i>	
Symposium 17 AM	14:00-14:25 Nuts and diabetes Prof. Anoop Misra <i>Fortis-C-DOC Centre of Excellence for Diabetes, Metabolic Diseases and Endocrinology, Executive Chairman</i>	
Symposia 17 PM	14:25-14:30 Q & A	
Oral Session		

Concurrent Symposia Program Schedule

Healthy Aging and Edible Oil Application

Date: Sept. 16, 14:00-17:30
Room: 101

Hosted by:	Elderly Nutrition Improvement Action Working Group of Chinese Nutrition Society Wuhan University Education and Training Center, Chinese Nutrition Society
Supported by:	Standard Group (Mighty) R&D Center
Chair:	Prof. Jianqiang Lai Prof. Jianping Wu
14:00-14:05	Opening
14:05-14:30	Food proteins in the prevention of osteoporosis Jianping Wu <i>University of Alberta, Canada, Professor</i>
14:30-14:55	Quantitative Lipidomic Analysis of Serum Phospholipids Reveals Dissociable Markers of Alzheimer's Disease and Subcortical Cerebrovascular Disease Kiyotaka Nakagawa <i>Tohoku University, Professor</i>
14:55-15:20	China's Aging Trends and Health Promotion Policies Jianqiang Lai <i>Chinese Center for Disease Control and Prevention, Professor</i>
15:20-16:45	Dairy-based ingredients for nutrition and health challenges of the elderly Peng Zhou <i>Jiangnan University, Professor</i>
15:45-16:10	Dietary nutrition and cardiovascular disease in middle-aged and elderly people: a cohort study based on square dance Shuang Rong <i>Wuhan University, Professor</i>
16:10-16:15	Tea Break
16:15-16:40	Safety and Quality of Cooking Oil: from farm to table. Bonnie Sun Pan <i>American Institute of Food Technology Fellow, International Institute of Food Science and Technology Fellow, Professor</i>
16:40-17:00	Innovation and Application Practice of Cooking Oil Technology Tristan Liu, PhD <i>R&D center of Standard Group, General Manager</i>
17:00-17:30	Round table discussion (Topic: Nutrition and Healthy aging)

Concurrent Symposia Program Schedule

Public Nutrition and Population Health: Cohort, Surveillance and Interventions

Date: Sept. 16, 14:00-17:10
Room: 104

Hosted by:	Public Nutrition Branch, Chinese Nutrition Society
Supported by:	The People’s Government of Fuping County DALI FOODS GROUP
Chair:	Prof. Bing Zhang
14:00-14:20	Opening Session Bing Zhang <i>National Institute for Nutrition and Health, China CDC, Professor</i>
14:20-14:40	A cohort study of changes in nutrition and health in China Huijun Wang <i>National Institute for Nutrition and Health, China CDC, Professor</i>
14:40-15:00	China Nutrition and Health Surveillance and main results Dongmei Yu <i>National Institute for Nutrition and Health, China CDC, Professor</i>
15:00-15:20	Change of nutrition status of children in Nutrition Improvement Programme for Rural Compulsory Education Students (NIPRCES) Peipei Xu <i>National Institute for Nutrition and Health, China CDC, Associate Professor</i>
15:20-15:40	Monitor and evaluation on children nutrition improvement program in Chinese rural areas Jing Sun <i>National Institute for Nutrition and Health, China CDC, Professor</i>
15:40-15:50	Tea Break
15:50-16:10	Spatiotemporal variations in mean height of 17-year-old students in 47 Japanese prefectures from 1974 to 2019 Nayu Ikeda <i>National Institutes of Biomedical Innovation, Health and Nutrition, Japan</i>
16:10-16:30	Gut microbiome biomarker discovery for nutrition-related metabolic disease prevention Jusheng Zheng <i>Westlake University, Professor</i>
16:30-16:50	Nutrition, lifestyle and cognitive function of Chinese adults aged 55 and older Zhihong Wang <i>National Institute for Nutrition and Health, China CDC, Professor</i>
16:50-17:10	Deepening salt reduction in China-suggested strategy Puhong Zhang <i>The George Institute for Global Health, China, Professor</i>

Concurrent Symposia Program Schedule

Nattokinase: from Basic Clinical Research to Foundational Discovery

Date: Sept. 16, 14:00-17:30
Room: 105

Hosted by: Nutrition and Health Food Branch, Chinese Nutrition Society

Supported by: Sungen Bioscience Co., Ltd.

Chair: Prof. Yuexin Yang

14:00-14:30	The 50 years history of nattokinase research Feng Xu <i>Shenyang Pharmaceutical University, Professor</i>
14:30-15:00	Absorption if Nattokinase as an intact protein Sirpha Chen, PhD <i>Biochemical Nutrition at the University of Aberdeen</i>
15:00-15:30	Clinical studies of nattokinase: past, present and future Yiguang Lin <i>University of Technology Sydney, Professor</i>
15:30-16:00	Clinical study on lowering blood lipid level by lifestyle control combined with Nattokinase (NK) - Red yeast rice (RYR) Capsules Qi Bi <i>Beijing Anzhen Hospital, Capital Medical University, Chief Physician, Professor</i>
16:00-16:30	The current situation of health food nattokinase in Japan. Toyosaku Yoshida <i>Japanese Pharmaceutical Society</i>
16:30-17:00	The powerful nutrient nattokinase Jiepeng Chen <i>Sungen Bioscience Co., Ltd., Chief Scientist</i>

Concurrent Symposia Program Schedule

Goat Milk Nutrition and Application		Date: Sept. 16, 14:00-17:30 Room: 107
Hosted by:	Chinese Nutrition Society	
Supported by:	Kabrita	
Chair:	Prof. Junhua Han Prof. Kasper Hettinga	
14:00-14:05	Host Opening Guo Zeng <i>West China School of Public Health, Sichuan University, Professor</i>	
14:05-14:10	Opening Speech	
14:10-14:30	Children’s Nutrition and Health: Achievements, Problems and Reflections Meng Mao <i>West China Second University Hospital, Sichuan University, Chief Physician</i>	
14:30-14:50	Non-thermal processing for creating ‘bioactive’ breastmilk Nidhi Bansal <i>The University of Queensland, Associate Professor</i>	
14:50-15:10	Goat Milk and Infant Nutrition and Health Zhixu Wang <i>Department Of Maternal Child and Adolescent Health, School of Public Health, Nan jing Medical University, Professor</i>	
15:10-15:30	The Digestibility and Functionality of Goat Milk Proteins Peng Zhou <i>School of Food Science and Technology, Jiangnan University, Professor</i>	
15:30-15:50	Goat Milk Oligosaccharides: Composition, Variation and Functional Properties in Comparison to Human Milk Oligosaccharides Luutsche van der Zee <i>Head of Research & Development at Ausnutria B.V.</i>	
15:50-16:10	Effects of different processing on the structure and functionality of goat milk protein Kasper Hettinga <i>Wageningen University, Professor</i>	
16:10-16:25	Global Application Status and Prospect of Goat Milk Markus Johannes Kaptein <i>Ausnutria B.V., Sales Director</i>	
16:25-17:10	Panel Discussion Junhua Han <i>Chinese Nutrition Society, Secretary General, Professor</i> TBD <i>Department of Safety Regulation for Special Food, Department of Special Food Safety Supervision and Regulation</i> Junbo Wang <i>Department of Nutrition and Food Hygiene, School of Public Health, Peking Univer sity, Associate Professor</i> Binyun Cao <i>Northwest A&F University, Collaga of Animal Science and Technology, Professor</i> Yajun Wu <i>Science and Technology Management Department of Chinese Academy of Inspec tion and Quarantine, Researcher</i> Wei Li <i>Ausnutria (China) Dairy Corporation Ltd, R&D Director</i>	
17:10-17:15	Closing Speech Weibin Yan <i>Ausnutria Dairy Corporation,Chairman</i>	

Concurrent Symposia Program Schedule

Latest Trends in Early Life Special Nutrition Solutions		Date: Sept. 16, 14:00-17:30 Room: 108
Hosted by:	Maternal and Child Nutrition Working Group of Chinese Nutrition Society	
Supported by:	Nestlé (China) Ltd.	
Chair:	Prof. Wei Cai	
14:00-14:05	Opening Session	
14:05-14:30	Innovative nutritional approaches to improve pregnancy outcomes for both mother and child Eline van der Beek, PhD <i>Nestlé Institute of Health Sciences at Nestlé Research in Lausanne, Head</i>	
14:30-14:55	New Guidelines and Practices in CMPA (cow’s milk protein allergy) Chouraqui Jean-Pierre, PhD <i>Committee on Nutrition of the French Society of Paediatrics, Chair</i>	
14:55-15:20	New Perspective and Discussion: Skin barrier and AD prevention by pHF-RASH Study Jie Shao, PhD <i>Ruijin Hospital affiliated to Shanghai Jiao Tong University School of Medicine, Chief Physician of Pediatrics</i>	
15:20-15:30	Tea break	
15:30-15:55	Frontier research: pHF on toddler growth and health efficacy-Sensitivity Study Yantao Yang, Mr. <i>Nestlé Nutrition Institute, NIN China, Head</i>	
15:55-16:20	Oral development, Food texture and Advanced feeding Meng Mao, PhD <i>West China Second University Hospital, Professor</i>	
16:20-17:25	Panel discussion Wei Cai, Eline, Jean-Pierre, Jie Shao, Yantao Yang, Meng Mao	
17:25-17:30	Summary Wei Cai, PhD <i>Chinese Nutrition Society, Vice President</i> <i>Shanghai Jiao Tong University, School of Medicine, Xinhua Hospital, Chief Physician</i>	

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>	
Closing Ceremony	Scientific Evidence Based Gut Health: From Gut to Holistic Health	Date: Sept. 16, 14:00-17:30 Room: 110
Symposia 16 AM	Hosted by: Intestinal Health Working Group of Chinese Nutrition Society Supported by: Nestlé (China) Ltd. Chair: Prof. Ruifu Yang Prof. Eline van der Beek	
Lunch Session 16	14:00-14:10 Opening Session Ning Li <i>National Food Safety Risk Assessment Center, Director, Professor</i> 14:10-14:40 Prebiotics and its application in regulation & standards: from global to China Junhua Han <i>Chinese Nutrition Society, Secretary General, Professor</i> 14:40-15:10 New understanding of gut health: nutrition design for the microbiome Eline van der Beek <i>Department of Pediatrics, University Medical Centre Groningen, Professor</i> 15:10-15:40 Scientific evidence supported prebiotics application Eline van der Beek <i>Department of Pediatrics University Medical Centre Groningen, Professor</i> <i>Head of the Nestlé Institute of Health Sciences at Nestlé Research in Lausanne</i> 15:40-15:50 Tea break 15:50-16:20 GOS: from gut to holistic health Xuesong Xiang <i>National Institute for Nutrition and Health, China CDC, Professor</i> 16:20-16:50 Enhancing dairy with intrinsic prebiotic: clinical evidence and future prospects Olga Sakwinska, PhD <i>Senior Research Scientist, Nestlé Institute of Health Sciences</i> 16:50-17:30 Panel discussion: The Past, Present, and Future of Prebiotics	
Symposium 17 AM		
Symposia 17 PM		
Oral Session		

Concurrent Symposia Program Schedule

The Future of Clinical Nutrition: Groundbreaking Discoveries and Future Directions

Date: Sept. 16, 14:00-17:30
Room: 115A

Hosted by: Clinical Nutrition Branch, Chinese Nutrition Society
Supported by: Nutricia Pharmaceutical (Wuxi) Co., LTD
Chair: Prof. Wei Chen

14:00-14:25	Prospects of Precision Nutrition Zhaoping Li <i>University of California, Davis, Chief Physician</i>
14:25-14:50	What is the evidence for dietary-induced DHA deficiency in human brain Andrew J Sinclair <i>Department of Nutrition, Dietetics & Food, Monash University, Australia, Professor</i>
14:50-15:15	Clinical applications and efficacy evaluation of omega-3 based nutritional intervention Jingxuan Kang <i>International Society for Omega-3 Research, President, Professor</i>
15:15-15:40	Addressing sarcopenia for surgery - the SUPREME experience Koh Hong Xiang Frederick <i>Department of Colorectal Surgery, Division of General Surgery, Sengkang General Hospital, Professor</i>
15:40-16:05	Points for attention in design, writing and submission of clinical nutrition research Duo Li <i>Nutrition and Health Research Institute, Qingdao University, Professor</i>
16:05-16:30	Dietary Patterns and CKD Progression Management: Thailand experience Chanida Pachotikarn <i>Institute of Nutrition, Mahidol University, President of Thai Dietetic Association, Professor</i>
16:30-17:00	Roundtable of nutrition diagnosis Wei Chen <i>Peking Union Medical College Hospital, Chief Physician</i> Yinghua Liu <i>First Medical Center, PLA General Hospital, Chief Physician</i> Ying Yao <i>Tongji Hospital Affiliated to Tongji Medical College, Chief Physician</i> <i>Editor-in-Chief of NCP</i>
17:00-17:20	Satellite Conference of Nutricia Corporation

Plenary Session	Concurrent Symposia Program Schedule	
Closing Ceremony	The Food of Tomorrow - Beneficial Components from Microorganisms	Date: Sept. 16, 14:00-17:30 Room: 115B
Symposia 16 AM	Hosted by: Hubei Nutrition Society Chinese Nutrition Society Supported by: Angel Yeast Co., Ltd Chair: Prof. Jian Chen Prof. Mitsutoshi Nakajima	
Lunch Session 16	14:00-14:30 The future food based on an all-encompassing approach Jian Chen <i>Jiangnan University, Principal and Academician</i> 14:30-15:00 Recent food technologies in Japan: 3D food printing, insect protein and microbial protein Mitsutoshi Nakajima <i>University of Tsukuba, Professor</i> 15:00-15:30 Comparison of nutrition, digestion and absorption characteristics of different proteins Yuyu Zhang <i>Beijing Technology and Business University, Professor</i>	
Symposia 16 PM	15:30-15:40 Tea break 15:40-16:10 Yeast extracts enhance the flavor of future foods Jian Li <i>Beijing Technology and Business University, Professor</i> 16:10-16:40 Protein and exercise performance Amanda, PhD <i>RDC Global Pty Ltd</i>	
Dinner Session 16	16:40-17:10 The influence of protein on exercise ability in the elderly Huijing Bai <i>Huadong Hospital Affiliated to Fudan University, Attending Physician</i>	
Symposium 17 AM		
Symposia 17 PM		
Oral Session		

Concurrent Symposia Program Schedule

Precision Nutrition: Collaborative Innovation from Scientific Research to Industry		Date: Sept. 16, 14:00-17:10 Room: 406A
Hosted by:	Basic Nutrition Research Branch, Chinese Nutrition Society Precision Nutrition Industry Branch (Preparatory Committee), Chinese Nutrition Society	
Supported by:	Mengniu Institute of Nutrition Science	
Chair:	Prof. Yan Chen Prof. Alfredo Martinez	
14:00-14:10	Opening Session	
14:10-14:30	Multi-omics and dynamically changed phenotypes with wearable technology-based precision nutritional studies and potential applications Xu Lin <i>Shanghai Institute of Nutrition and Health, Hangzhou Institute for Advanced Study, University of Chinese Academy of Sciences, Chinese Academy of Sciences, Professor</i>	
14:30-14:50	Research and application of precision nutrition in Japan Hisanori Kato <i>Kagawa Nutrition University, Professor</i>	
14:50-15:10	Precision Nutrition, Cutting-edge Technology and Application: Collaboration in a New Era Xuguang Zhang <i>Inner Mongolia Mengniu Dairy Industry (Group) Co., Ltd, Institute of Nutrition Science, Group VP & Director</i>	
15:10-15:30	Tea break	
15:30-15:50	Metagenome, host genetics background and precision nutrition Liang Xiao, PhD <i>BGI Research, Precision Health Institute, Executive Director</i>	
15:50-16:10	Introduction of Biomedical Big Data Operating System (Bio-OS) Yixue Li <i>Guangzhou Laboratory, Professor</i>	
16:10-16:30	Nutritional intervention for metabolic disorders Yan Chen <i>Shanghai Institute of Nutrition and Health, Chinese Academy of Sciences, Professor, Associate Director</i>	
16:30-16:50	Exploring the power of krill oil and precision nutrition: personalized health optimization Yunpeng Ding, PhD <i>Center of Excellence, Aker BioMarine</i>	
16:50-17:10	Initiative to establish the Precision Nutrition Industry Branch of Chinese Nutrition Society	

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>	
Closing Ceremony	Nutritional Needs and Practice on Personalized Nutrition	Date: Sept. 16, 14:00-17:00 Room: 118
Symposia 16 AM	Hosted by: Chinese Nutrition Society National Institute for Nutrition and Health, China CDC	
Lunch Session 16	Supported by: Haleon (China)	
Symposia 16 PM	Chair: Prof. Junsheng Huo Dr. Jeongseon Kim	
Dinner Session 16	14:00-14:10	Opening Gangqiang Ding <i>National Institute for Nutrition and Health, China CDC, Diector, Professor</i>
Symposium 17 AM	14:10-14:40	DRIs 2023 updates: Different Nutrients Needs by different ages, genders and physical activity levels Xiaoguang Yang <i>National Institute of Nutrition and Health, China CDC, Professor</i>
Symposia 17 PM	14:40-15:10	Clinical Application of Personalized Nutrition-The Korean Experience Jeongseon Kim, PhD <i>Department of Cancer Biomedical Science, Graduate School of Cancer Science and Policy, National Cancer Center, Vice Dean & Professor</i>
	15:10-15:40	Personalized Nutrition for Females Lifespan and Menopause Meiqin Cai <i>Nutrition Department, Shanghai Jiao Tong University, School of Medicine, Professor</i>
	15:40-16:10	Gene polymorphism and Personalized Nutrition Junsheng Huo <i>National Institute for Nutrition and Health, China CDC, Professor</i>
	16:10-16:30	Smart Wearable health solution and ecosystem Yuansong Gong <i>Smart Wearable and Health Product Line Vice President Health Solution & Ecosystem HUAWEI Consumer Business Group</i>
	16:30-16:55	Practise for personalized nutrition: A mobile phone mini program, Key Gijs Sanders <i>Head of Strategy, Marketing & Digital Transformation, Haleon China</i>
	16:55-17:00	Closing
Oral Session		

Concurrent Symposia Program Schedule

INFOODS/NEASIAFOODS Workshop: Food, Big Data and Nutrition

Date: Sept. 16, 14:00-17:20
Room: 408A

Hosted by: National Institute for Nutrition and Health, China CDC
Chinese Nutrition Society
Nutrition Big Data and Health Branch, Chinese Nutrition Society
FAO-INFOODS
NEASIAFOODS

Supported by: JOYVIO Group

Chair: Dr. Bridget Holmes
Prof. Zhu Wang

Section 2: Big Data in Nutrition Science-Opportunities, Challenges and Future Directions

Chair: Prof. Hong Tan
Prof. Yuna He

- | | |
|-------------|---|
| 14:00-14:20 | ChatGPT and Intelligent Food Computing
Shuqiang Jiang
<i>Chinese Academy of Sciences, Professor</i> |
| 14:20-14:40 | Future food exploration and optimization based on artificial intelligence technology for food authenticity and traceability
Xiaohui Cui
<i>Wuhan University, Professor</i> |
| 14:40-15:00 | Nutrition Competence, GDP and food security as predictors of Nutritional issues in the Asian Countries
Rubina Hakeem
<i>Ziauddin University, Pakistan, Professor</i> |
| 15:00-15:20 | ChatGPT and Nutrition
Steven Chao
<i>Beijing Data-driven healthcare Research Institute, Professor level senior engineer</i> |
| 15:20-15:40 | Applied research on multi-source heterogeneous Big data fusion technology in the field of food health
Kai Chen
<i>China National Center for Food Safety Risk Assessment, Post-Doctor</i> |
| 15:40-16:00 | New Application of Food Data: Food Composition and Property Data and food Authentication Modeling
Jun Guo
<i>Inner Mongolian Agriculture University, Professor</i> |
| 16:00-16:20 | School Connect Focused on Child Nutrition
Wenli Zhu
<i>Peking University Health Science Center, Professor</i> |
| 16:20-16:40 | Construction and application of comprehensive nutrition database in China
Jiuling Wei
<i>Nutrition Big Data and Health Committee, Chinese Nutrition Society, Secretary</i> |
| 16:40-17:00 | Nutrition-related health issues in the elderly based on multi-source data
Jian Xu
<i>Shenzhen Center for Chronic Disease Control, Chief physician</i> |
| 17:00-17:20 | Industry status and future development of personalized nutrition and healthy lifestyle under Digital transformation
Mingfeng Li
<i>Innovation & Science, Senior Data Analyst</i> |

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>	
Closing Ceremony	16th China Nutrition Science Congress	Date: Sept. 16, 18:00-20:45 Room: 105
Symposia 16 AM	Hosted by: Chinese Nutrition Society Chair: Prof. Yuexin Yang Executive Committee: Prof. Aiguo Ma, Prof. Beiwei Zhu, Prof. Fazheng Ren, Prof. Xiaoguang Yang, Prof. Wei Cai, Prof. Rong Xiao, Prof. Cuiqing Chang, Prof. Liegang Liu, Prof. Wenhua Ling, Prof. Kang Yu, Prof. Zengning Li, Prof. Gangqiang Ding, Prof. Changhao Sun, Prof. Junhua Han	
Lunch Session 16	18:00-18:10	Opening Ceremony—Leader’ Speech Aiguo Ma <i>Chinese Nutrition Society, Vice President</i> <i>Institute of Nutrition and Health, Qingdao University, Dean</i>
Symposia 16 PM	18:10-18:40	Development and application of Dietary Reference Intakes (DRIs) of Chinese residents Aiguo Ma <i>Chinese Nutrition Society, Vice President</i> <i>Institute of Nutrition and Health, Qingdao University, Dean</i>
Dinner Session 16	18:40-19:10	Current situation and trend of Chinese dairy industry Fazheng Ren <i>Chinese Nutrition Society, Vice President</i> <i>Chinese Academy of Engineering, Academician</i> <i>Institute of Nutrition and Health, China Agricultural University, Dean</i>
Symposium 17 AM	19:10-19:40	Potential of microalgae in feeding the world Xingen Lei <i>Cornell University, American, Professor</i> <i>J Nutr, Editor-in-Chief</i>
Symposia 17 PM	19:40-20:00	How can rational nutrition improve the health benefits of exercise Cuiqing Chang <i>Chinese Nutrition Society, Vice President</i> <i>Peking University Third Hospital, Professor</i>
Oral Session	20:00-20:20	The role and mechanism of peripheral Aβ in the association between type 2 diabetes mellitus and Alzheimer’s disease Liegang Liu <i>Chinese Nutrition Society, Vice President</i> <i>School of Public Health, Huazhong University of Science and Technology, Vice President</i>
	20:20-20:40	Progress in the application of food risk assessment methods Zhaoping Liu <i>China National Center for Food Safety Risk Assessment, Researcher, Deputy Director</i>
	20:40-20:45	Closing

Concurrent Symposia Program Schedule

Empowering Tomorrow's Nutrition Leaders: The Young Scholars Forum on Innovative Nutrition and Health Research & The 4th China Young Nutrition Scientists Forum

Date: Sept. 16, 18:00-20:30
Room: 110

Hosted by: Chinese Nutrition Society
Chair: Prof. Zengning Li
Prof. S. K. Roy

18:00-18:10	Study on lactose intolerance in Mongolia Berkheedei Tuguldur <i>Mongolian University of Science and Technology, Mongolia</i>
18:10-18:20	Nutrition profiling model for pre-packaged food---Research and establishment Chao Gao, PhD <i>National Institute for Nutrition and Health, China CDC, Associate Professor</i>
18:20-18:30	Effects of Sea grapes Extract Supplementation on Cholesterol and Superoxide dismutase Changes in 7, 12-dimethylbenz [a] anthracene-induced Cardio-oncological Rat Models Happy Kurnia Permatasari <i>Brawijaya University, Indonesia</i>
18:30-18:40	Comparison of Indian vegetarian diets with EAT-Lancet Recommendations Harmeet Kaur <i>University of Delhi, India</i>
18:40-18:50	How Nutritious Are Children's Packaged Foods in Thailand: An Analysis of Newly Launched Products From 2016 to 2021 Hung Nguyen Ngoc <i>Mahidol University, Thailand</i>
18:50-19:00	Garden-based Nutrition Intervention Increased Knowledge, Self-Efficacy, and Vegetable Intake of the Urban Poor Children: "GrowEat" A Cluster Randomised Control Trial Kai Ting Mok <i>UCSI University, Malaysia</i>
19:00-19:10	Advanced glycation end-products and human health: from population-based study to mechanism research Liangkai Chen <i>Department of Nutrition and Food Hygiene, School of Public Health, Tongji Medical College, Huazhong University of Science and Technology, China, Associate Professor</i>
19:10-19:20	Dietary patterns and factors associated with overweight and obesity among children in Ho Chi Minh City, Vietnam Mai Thi My Thien <i>Queensland University of Technology (QUT), Vietnam</i>

Plenary Session	Concurrent Symposia Program Schedule	
Closing Ceremony	19:20-19:30	Is Quality of Life related to Muscle Mass, Muscle Strength and Physical Performance of Community-Dwelling Older Filipinos? Robby Carlo Tan <i>Department of Science and Technology - Food and Nutrition Research Institute, Wageningen University and Research, Philippines</i>
Symposia 16 AM	19:30-19:40	Peanut sprout extracts mitigate dexamethasone-induced skeletal muscle atrophy in mice on a high-fat/high-sucrose diet Sang-Mi Jo <i>Jeju National University, Korea</i>
Symposia 16	19:40-19:50	The bone-derived components from adult chickens provide a protective action against impaired bone metabolism in VDRKO mice Tamao Nishiura <i>Ritsumeikan University, Japan</i>
Lunch Session 16	19:50-20:00	The impact of early life nutrition on pineal development in terms of cognitive function during adulthood Tianshu Han <i>Harbin Medical University, China, Professor, Vice Director of School of Public Health</i>
Symposia 16 PM	20:00-20:10	Development of a Photographic Food Atlas as a Portion Estimate Tool for Adolescents in Sri Lanka W.A.H.S. Wickramaarachchi <i>Wayamba University of Sri Lanka</i>
Dinner Session 16	20:10-20:20	Folic acid promoted neural development and improved cognitive function in Vivo: telomere synthesis and attrition as a potential mechanism Wen Li <i>Tianjin Medical University, China, Associate Professor</i>
Symposium 17 AM	20:20-20:30	Effect and mechanism of lecithin regulating muscle factor irisin to improve cognitive function Yuandi Xi <i>School of Public Health, Capital Medical University, China, Associate Professor</i>
Symposia 17 PM		
Oral Session		

Concurrent Symposia Program Schedule

Processing for Nutrition: Enhancing Food Quality and Nutritional Value		Date: Sept. 16, 18:00-21:00 Room: 103
Hosted by:	China Agricultural University Zhejiang University Shenyang Agricultural University Chengdu University	
Supported by:	Tibet Qizheng Company	
Chair:	Prof. Xiaojun Liao Prof. Zisheng Luo Prof. Bin Li Prof. Liang Zou	
18:00-18:10	Opening Session Zisheng Luo <i>Zhejiang University, Professor</i>	
18:10-18:30	Bioprocessing for improving the quality and bioactivity of plant based food Baoru Yang <i>University of Turku, Finland, Professor</i>	
18:30-18:50	Whole foods and dietary patterns for nutrition and health Ruihai Liu <i>Cornell University, USA, Professor</i>	
18:50-19:10	Use of innovative food processing technology to improve the nutritional and sensory properties of legumes Indrawati Oey <i>University of Otago, New Zealand, Professor</i>	
19:10-19:30	Targeting eicosanoids via the diet to enhance cancer therapy Dipak Panigrahy <i>Harvard Medical School, USA, Assistant Professor</i>	
19:30-19:45	Intelligent delivery and precision nutrition of marine food functional components Wentao Su <i>Dalian Polytechnic University, China, Professor</i>	
19:45-20:00	Sensory-chemical quality factors of alcoholic beverages made from apples and pears-role of yeast selection Oskar Laaksonen <i>University of Turku, Finland, PhD</i>	
20:00-20:15	Multi-medicinal mushroom “Ganoderma lingzhi” for developing the standardized functional food Kuniyoshi Shimizu <i>Kyushu University, Japan, Associate Professor</i>	
20:15-20:30	Research on the healthy advantages of whole nutritional food quinoa (Chenopodium quinoa Willd.) Yichen Hu <i>Chengdu University, China, Associate Professor</i>	
20:30-20:45	Study on mechanism of millet improving blood glucose metabolism Yiqing Zhu <i>China Agricultural Univerisity</i>	
20:45-21:00	Nutritional function of Tibet cereal and its application in child food Ruoqiong Cheng <i>Tibet Qizheng Company</i>	

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>	
Closing Ceremony	Sustainable Nutrition: The Future and Development of Goat/Sheep Milk	Date: Sept. 16, 18:00-20:30 Room: 104
Symposia 16 AM	Hosted by: Public Nutrition Branch, Chinese Nutrition Society Supported by: Zhejiang Zhongmengchang Health Technology Co., Ltd Chair: Prof. Wupeng Ge	
Lunch Session 16	18:00-18:10 Opening Session Zhenquan Huo <i>Zhejiang Zhongmengchang Health Technology Co., Ltd, Chairman</i> 18:10-18:35 Mechanism of Kefir Goat Milk on zebrafish against dysfunction of intestinal peristalsis Jiajin Zhu <i>Department of Food Science and Nutrition, Zhejiang University, Professor</i> 18:35-19:00 Nutritional Prospects for Phytochemicals (from Baobab fruit)-riched Goat Milk Product Development Balarabe Bilyaminu Ismail <i>Bayero University, Senior Lecturer</i>	
Symposia 16 PM	19:00-19:20 Multi-omics analysis and revelation of functional lipids & oligosaccharides in goat and ewe milk Wupeng Ge <i>College of Food Science Engineering, Northwest A&F University, Professor</i> 19:20-19:45 Sustainable nutrition from Grass-fed sheep milk Thomas Macdonald <i>Spring Sheep Milk Company, COO</i>	
Dinner Session 16	19:45-20:05 Basic Components and Nutritional Characteristics of goat milk Fuxin Zhang <i>College of Food Engineering and Nutritional Science, Shaanxi Normal University, Professor</i> 20:05-20:25 Bioactive Peptide Probiotic Goat Milk Powder and Human Health He Chen <i>Shaanxi University of Science and Technology, Professor</i>	
Symposium 17 AM		
Symposia 17 PM		
Oral Session		
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Concurrent Symposia Program Schedule

Nutrition Education: Practice from a Global Perspective

Date: Sept. 17, 8:30-11:40
Room: 406A

Hosted by:	Chinese Nutrition Society
Chair:	Prof. Teiji Nakamura Prof. Huanling Yu
08:30-09:00	Japan's Unique Approach to Nutrition education Teiji Nakamura <i>Japan Dietetic Association, President; Kanagawa University of Human Services, Japan, Professor</i>
09:00-09:30	Improving the effectiveness of dietary intervention based on the theory of Social psychology Huanling Yu <i>School of Public Health, Capital Medical University, Professor</i>
09:30-10:00	Sustainability of culinary nutrition education intervention: examining the impact on children's dietary practices and variety Choonming Ng <i>Monash University Malaysia, Professor</i>
10:00-10:25	Clinical Pathway of Nutrition Knowledge and Health Education for Cancer Patients Shoumei Yang <i>The First Affiliated Hospital of University of Science and Technology of China, Anhui Provincial Cancer Hospital, Associate Chief Physician</i>
10:25-10:50	The Relationship between Diet Cost Indicators and Dietary Intakes and its Implication to Nutrition Education - A Global Analysis Yan Bai <i>The World Bank Data Group, Data Scientist</i>
10:50-11:15	Mindful eating, satisfaction and portion size applied to snacking – how all can influence eating behaviour? Sophie Vinoy <i>Mondelēz Paris-Saclay Tech Center, France, Principal Nutrition Scientist</i>
11:15-11:40	Evaluation of Different Ways of Nutrition Education among Middle School Students Jian Pan <i>Department of Clinical Nutrition and Department of Gastroenterology, Children's Hospital of Nanjing Medical University, Chief Pediatrician</i>

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>	
Closing Ceremony	Science-based Health Claim in Foods	Date: Sept. 17, 8:30-12:00 Room: 106
Symposia 16 AM	Hosted by: Health Claim Working Group of Chinese Nutrition Society Supported by: Nestlé (China) Ltd. PepsiCo Inc. Chair: Dr. Junshi Chen Dr. E Siong Tee	
Lunch Session 16	08:30-08:40 Opening remarks Dr. Junshi Chen <i>China National Centre for Food Safety Risk Assessment, Chief Adviser</i>	
Symposia 16 PM	08:40-09:10 Global regulatory landscape on health claims E Siong Tee, PhD <i>President of the Nutrition Society of Malaysia and Chair of the Southeast Asia Public Health Nutrition (SEA-PHN) Network</i>	
Dinner Session 16	09:10-09:35 oats β-glucan and health claims Yifang Chu, PhD <i>Nutrition Science Director, PepsiCo R&D</i>	
Symposium 17 AM	09:35-10:00 Application Mulberry Leaf Extracts food products in Blood Glucose Management - Evidence from Ingredients, ways of Eating to Final Product Wei Chen, PhD <i>Clinical Nutrition Department of Peking Union Medical College Hospital, Deputy Director</i>	
Symposia 17 PM	10:00-10:20 Tea break 10:20-10:45 Mulberry Leaf extract combined with Tryptophan taken at the evening-meal results in improved sleep and next-day cognitive function in adults - from scientific hypothesis to clinical efficacy Siong Soon Chun, PhD <i>Yong Loo Lin School of Medicine, National University of Singapore, Senior Research Fellow</i>	
Oral Session	10:45-11:10 Emerging science on dietary fiber with prebiotics effect and health claims Xin Wang, PhD <i>Food Science Institute of Zhejiang Academy of Agricultural Sciences, Professor</i>	
	11:10-11:55 Panel discussion 11:55-12:00 Closing remarks	

Concurrent Symposia Program Schedule

New Progress of Maternal and Child Nutrition

Date: Sept. 17, 8:30-12:00
Room: 108

Hosted by:	School of Public Health, Nanjing Medical University National Institute for Nutrition and Health, China CDC Maternal and Child Nutrition Branch, Chinese Nutrition Society
Supported by:	Biostime Institute of Nutrition & Care
Chair:	Prof. Zhixu Wang Dr. Bridget Holmes
08:30-08:55	Application of stable isotopic methods in Early Life Nutrition Pattanee Winichagoon <i>Community/International Nutrition, Institute of Nutrition, Mahidol University, Thailand, Associate Professor</i>
08:55-09:20	The interaction of microbiome from maternal and infants and infant health Fangqing Zhao <i>Beijing Institute of Life Sciences, Chinese Academy of Sciences, Professor</i>
09:20-09:45	The role of breastmilk active ingredients in the immune health of newborns Hanno Cappon <i>CTO of H&H group, PhD</i>
09:45-10:10	Progress report on the establishment of human milk bank in China Zhenghong Li <i>Department of Pediatrics, Peking Union Medical College Hospital, Professor</i>
10:10-10:20	Tea Break
10:20-10:45	A global overview of the state of dietary data Bridget Holmes <i>Food and Nutrition Division of FAO, group leader</i>
10:45-11:10	Maternal nutrition and gestational weight gain- assessment and long-term consequences Ronald CW Ma <i>Department of Medicine and Therapeutics, the Chinese University of Hong Kong, PhD</i>
11:10-11:35	Correlates of body composition of 20-59 years old women in Bangladesh: Findings from a nationwide study Malay Kanti Mridha <i>Center for Non-communicable Diseases and Nutrition, James P Grant School of Public Health, BRAC University, Dhaka, Bangladesh, Professor, Director</i>
11:35-11:50	A randomised controlled trial of a 2-year telephone-based intervention targeting obesity risk of pre-school aged children in Australia LiMing Wen <i>School of Public Health, The University of Sydney</i>
11:50-12:00	Closing remarks

Concurrent Symposia Program Schedule

Low Sodium Product Intervention: Policy and Health Impact		Date: Sept. 17, 8:30-12:00 Room: 408B
Hosted by:	National Institute for Nutrition and Health, China CDC Shandong Center for Disease Control and Prevention Nutrition and Non-communicable Diseases Control Branch, Chinese Nutrition Society	
Supported by:	Vital Strategies (US) Jinan Representative office	
Chair:	Prof. Jixiang Ma Dr. Laura Cobb	
8:30-8:35	Welcome and Opening Remarks Jixiang Ma <i>Shandong Center for Disease Control and Prevention, Director</i>	
8:35-8:50	Salt Reduction in the Western Pacific Region: Evidence, Guidance and Policy Actions Juliawati Untoro <i>WHO Regional Office for the Western Pacific, Technical Lead Nutrition</i>	
8:50-9:05	SSaSS project findings, and future scale up plan Bruce Neal <i>The George Institute, Australia, Professor</i>	
9:05-9:20	SMASH pilot and scale up experience: promotion mechanism, achievements, challenges, and solutions, possibly involving LSS use in canteens and processed foods Jixiang Ma <i>Shandong Center for Disease Control and Prevention, Director</i>	
9:20-9:35	Diagnosis and management of salt-sensitive hypertension Jianjun Mu <i>Cardiovascular Hospital, the First Affiliated Hospital of Xi'an Jiaotong University, Vice President</i>	
9:35-9:50	The availability and affordability of low sodium salt based on an online salt market survey in China: implications for scale up its use Zeng Ge <i>Vital strategies (US) Jinan Representative, Director of Nutrition</i>	
9:50-9:55	Q&A	
9:55-10:20	Panel Discussion	
10:20-10:30	Breaktime	
10:30-10:45	Low sodium salt promotion status: availability, affordability, awareness and best practices Laura Cobb <i>Resolve to Save Lives, Director of Nutrition and Surveillance</i>	
10:45-11:00	DECIDE project findings, and future scale up plan Yangfeng Wu <i>Peking University Clinical Research Institute, Professor</i>	
11:00-11:15	Reducing Singapore's nationwide sodium consumption through salt substitution and reformulation Terence NG <i>Policy & Strategy Development/Innovation office, Health Promotion Board Singapore, Director</i>	
11:15-11:30	LSS KAP survey in 9 provinces Chao Gao <i>National Institute for Nutrition and Health, China CDC, Associate Professor</i>	
11:30-11:35	Q&A	
11:35-11:55	Panel Discussion	
11:55-12:00	Closing Jixiang Ma <i>Shandong Center for Disease Control and Prevention, Director</i>	

Concurrent Symposia Program Schedule

Optimizing Health and Performance: The Role of Nutrition in Exercise and Sports		Date: Sept. 17, 8:30-11:50 Room: 101
Hosted by:	Institute of Sports Medicine, Peking University Sports Nutrition Engineering Research Center, Beijing Sport University Sports Nutrition Branch, Chinese Nutrition Society	
Supported by:	Gatorade ABBOTT Laboratories Trading (Shanghai) Co.,Ltd.	
Chair:	Prof. Cuiqing Chang Prof. Stephen Heung-Sang Wong	
08:30-08:40	Opening Speech	
08:40-09:00	Time Restricted Eating on Health and Exercise Performance Stephen Heung-Sang Wong <i>The Chinese University of Hong Kong, China, Professor</i>	
09:00-09:20	Multi-Omics Approaches to Exercise and Nutrition Immunology David C. Nieman <i>North Carolina Research Campus, USA, Professor</i>	
09:20-09:40	Food provision and dietary support at major competition events: Past, present and future Fiona Pelly <i>University of the Sunshine Coast, Australia, Professor</i>	
09:40-10:00	Branched-chain amino acids and exercise-induced muscle damage Junqiang Qiu <i>Beijing Sport University, China, Professor</i>	
10:00-10:10	Tea Break	
10:10-10:30	From Young to Old: How Beetroot Juice Can Boost Your Health and Performance Ajmol Ali <i>College of Health, Massey University, New Zealand, Professor</i>	
10:30-10:50	Maintaining muscle health: synergistic effect of nutrition and physical activity Fei Li <i>Abbott Nutrition China R&D Center, China, Associate Director</i>	
10:50-11:10	Optimal Compositions in Hydration and Performance Marla Frances Tan Mallari <i>University of the Philippines, Philippines, Associate Professor</i>	
11:10-11:30	From the Sweat Testing to Individual Fluid Replacement to Enhance Exercise Performance Juthamard Surapongchai <i>Mahidol University, Thailand, PhD</i>	
11:30-11:50	The role of exercise-induced ketones in improving learning and memory Tao Yu <i>China Institute of Sport Science, China, Associate Professor</i>	

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>	
Closing Ceremony	<h2>Navigating Micronutrients: From Science to Practice</h2>	Date: Sept. 17, 8:30-12:00 Room: 103
Symposia 16 AM	Hosted by:	Micronutrients Nutrition Branch, Chinese Nutrition Society
	Supported by:	Zhengzhou Ruipu Biological Engineering Co., Ltd
Lunch Session 16	Chair:	Prof. Junsheng Huo
	08:30-08:40	Opening Speech Junsheng Huo <i>National Institute for Nutrition and Health, China CDC, Professor</i>
Symposia 16 PM	08:40-09:05	Current status and challenges of global iodine nutrition status Michael Bruce Zimmermann <i>International Council for the Control of the Iodine, Deficiency Disorders (ICCIDD) Global Network, Executive director</i>
	09:05-09:30	Progress in Basic Research and DRIs Revision of Iodine in China Wanqi Zhang <i>Tianjin Medical University, Professor</i>
Dinner Session 16	09:30-09:55	Regulation of ZIP metal transporters by high manganese intake Ningning Zhao <i>The University of Arizona, Professor</i>
	09:55-10:20	Research and revision progress of micronutrients DRIs in China Changhao Sun <i>Harbin Medical University, Professor</i>
Symposium 17 AM	10:20-10:45	Randomized control trial on Weekly Iron and Folic Acid Supplementation (WIFAS) in Malaysia Su Peng Loh <i>Department of Nutrition, University Putra Malaysia</i>
	10:45-11:10	Progress in standard, technology and application of CFSs Jian Huang <i>National Institute for Nutrition and Health, China CDC, Professor</i>
Symposia 17 PM	11:10-11:35	Dietary heme-iron and iron supplementation in the third trimester are associated with gestational diabetes mellitus risk Heng Yaw Yong <i>Division of Nutrition and Dietetics, International Medical University</i>
	11:35-12:00	Cornerstone of healthy food - Nutritional fortification technology and industry Zhiheng Mei <i>Zhengzhou Ruipu Biological Engineering Co., Ltd, Senior Engineer</i>
Oral Session		

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Concurrent Symposia Program Schedule

From Plates to Microbes: How Nutrition Influences the Human Microbiota and Health

Date: Sept. 17, 8:30-11:30
Room: 104

Hosted by: Probiotics-Prebiotics and Health Branch, Chinese Nutrition Society

Supported by: Novozymes OneHealth
IFF Health

Chair: Prof. Ruifu Yang
Prof. E Siong Tee

08:30-09:00 Microbiota, probiotics and health

Ruifu Yang

Institute of Military Medicine, Academy of Military Sciences, Professor

09:00-09:30 Impact of human intestinal microbiota and intervention with probiotics and prebiotics in early life to health and well being late

Fang He

West China School of Public Health, Sichuan University, Professor

09:30-10:00 Pro-inflammatory and anti-inflammatory features of the gut microbiome: the relationship with diet and human health

Jingyuan Fu

University of Groningen, The Netherlands, Professor

10:00-10:30 Evidence-based probiotics application

Hongwei Wang

Probiotic Prebiotics and Health Branch, Chinese Nutrition Society, Vice Chairman

10:30-11:00 Clinical evidence study of probiotics

MIN-TZE LIONG, PhD

School of Industrial Technology, University Sains Malaysia, Professor

11:00-11:30 Big data enables precise mining of probiotics

Barry Kiely

Novozymes OneHealth Global Science and Medical Matters, Director

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>		
Closing Ceremony	A Life Time of Opportunity - Connection of Oligosaccharides and Gut Microbiota		Date: Sept. 17, 8:30-11:55 Room: 105
Symposia 16 AM	Hosted by:	Zhongyinghui Nutrition and Health Research Institute Academy of Nutrition and Health, Chinese Nutrition Society Research Institute of Public Health, Nankai University Institute of Food Sciences, Zhejiang Academy of Agricultural Sciences	
	Supported by:	FrieslandCampina Ingredients	
Symposia 16 AM	Chair:	Dr. Arjen Nauta Prof. Yingyao Wang	
Lunch Session 16	08:30-08:35	Opening Speech Floor van der Horst	
	08:35-09:05	Linking Human Milk Oligosaccharides and the Early Life Microbiota Cathy Lordan <i>Teagasc Food Research Centre, Research Officer</i>	
Symposia 16 PM	09:05-09:35	Impacts of maternal factors on neonatal microflora development and health Xin Wang <i>Zhejiang Academy of Agricultural Sciences, Professor</i>	
	09:35-10:05	Exploring the interaction between oligosaccharides combinations and gut microbiota: Advancements in research and scientific understanding Arjen Nauta <i>FrieslandCampina Innovation Centre, Senior Scientist Gut & Digestive Health</i>	
Dinner Session 16	10:05-10:15	Q&A & Tea Break	
	10:15-10:45	Oligosaccharides and personalized intervention of gut microbiota Xiaoming Liu <i>Jiangnan University, Professor</i>	
Symposium 17 AM	10:45-11:15	Research advances in the associations of dietary fiber with gut microbiota and related disease Shuo Wang <i>Nankai University, Professor</i>	
	11:15-11:45	Nutrition and infant gut health Xiaoyang Sheng <i>Xinhua Hospital Affiliated to Shanghai Jiao Tong University School of Medicine, Professor</i>	
Symposia 17 PM	11:45-11:55	Q&A	
Oral Session			

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Concurrent Symposia Program Schedule

Nutrition Innovation and Health Management of Dairy through the Lifespan

Date: Sept. 17, 8:30-11:10
Room: 107

Hosted by:	Chinese Nutrition Society National Center of Technology Innovation for Dairy
Supported by:	Inner Mongolia Yili Industrial Group Co., Ltd.
Chair:	Yulong Yin Carolien van Loo-Bouwman
08:30-08:50	Dairy Products and Nutritional Health Gangqiang Ding <i>National Institute for Nutrition and Health, China CDC, Director, Professor</i>
08:50-09:10	Research Advances in Breast Milk in China Yumei Zhang <i>School of Public Health, Peking University, Professor</i>
09:10-09:30	Overview of Infant Nutrition Research Model and Its Application Xia Xiong <i>Institute of Subtropical Agroecology, Chinese Academy of Sciences, Researcher</i>
09:30-09:50	Dairy Products and Blood Sugar Management Wei Chen <i>Clinical Nutrition Department, Peking Union Medical College Hospital, Chief Physician</i>
09:50-10:10	The cardiovascular effect of dairy fat - what do we learn from a randomized controlled trial Huajun Zhang <i>Department of Cardiovascular Surgery, Chinese PLA General Hospital, Associated Consultant</i>
10:10-10:30	Nutrition and Health Effects of Milk Ingredients and Its Application Huiyuan Guo <i>College of Food Science and Nutrition Engineering, China Agricultural University, Professor</i>
10:30-10:50	Efficacy Research and Mechanism Analysis of Maternal and Infant Derived Probiotics in China Fang He <i>West China School of Public Health, Sichuan University, Professor</i>
10:50-11:10	R&D and Innovation of Dairy Products Based on Population Nutrition Carolien van Loo-Bouwman <i>National Center of Technology innovation for Dairy and Yili Innovation Center Europe, Nutritional Scientist</i>

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>		
Closing Ceremony	Foundational Nutrition: A Comprehensive Approach to Optimize the Holistic Health	Date: Sept. 17, 8:30-11:50 Room: 110	
Symposia 16 AM	Hosted by: Education and Training Center, Chinese Nutrition Society Supported by: Athletic Greens Chair: Prof. Zhu Wang Dr. Ralph Esposito		
Lunch Session 16	08:30-09:00 Meeting the nutritional and health needs of healthy populations: based on food diversity and balanced diet Zhu Wang, PhD <i>National Institute for Nutrition and Health, China CDC, Professor</i>		
Symposia 16 PM	09:00-09:30 Foundational Nutrition: Implications for Human Health Ralph Esposito, PhD <i>AG Chief Science & Nutrition Officer, New York University, Adjunct Professor</i>		
Dinner Session 16	09:30-09:50 Nutritional requirements for energy limited dietary patterns in overweight and obese individuals Yinghua Liu, PhD <i>No. 1 Medical Center, Chinese PLA General Hospital, Chief Physician</i>		
Symposium 17 AM	09:50-10:10 New Insight in Biological Activities of Sulfated Polysaccharides from Ulvophyte Green Algae Melvin Junior Tanner <i>University of Indonesia</i>		
Symposia 17 PM	10:10-10:30 Scientific Evidence Study on Coenzyme Q10 Reducing Cardiovascular Disease Risk Factors Yan Yang <i>Sun Yat-sen University, Professor</i>		
Oral Session	10:30-10:50 Micronutrients and overall health and performance of the sports population: Starting from the development of recommended dietary intake standards for winter athletes Jin Zhou, PhD <i>Nutrition and Health Food Branch, Chinese Nutrition Society, Standing Committee Member; Education and Training Center, Chinese Nutrition Society, Director</i>		
	10:50-11:10 Dietary carotenoids in energy metabolism and blood glucose control Dingbo (Daniel) Lin, PhD <i>Oklahoma State University</i>		
	11:10-11:30 SPL values for cardiovascular disease risk reduction by anthocyanins and proanthocyanidins and their rationale Huanling Yu, PhD <i>Capital Medical University, Professor</i>		
	11:30-11:50 Nutrient content innovation trends of plant-based nutrition and health products, taking cross-border products as an example Ryan Zhou <i>Chinese Aging Well Association, Committee Member; Tmall Global Nutrition & Wellness Business, Head</i>		

Concurrent Symposia Program Schedule

Optimizing Cancer Care: Standardized Nutritional Management for Improved Patient Outcomes

Date: Sept. 17, 8:30-12:00
Room: 115A

Hosted by:	Cancer Nutrition Management Branch, Chinese Nutrition Society
Supported by:	Haleon (China), Fresenius Kabi SSPC
Chair:	Prof. Kang Yu Prof. Xiaoguang Yang
08:30-09:00	Maintain scientific nutrition, Kindness makes wellness Prof. Kang Yu Prof. Xiaoguang Yang Prof. Pan Dou Representatives from HALEON
09:00-09:25	Developing Country Cancer Prevention, Control and Nutrition Intervention - China - U.S. Linxian Trial 37y Follow-up New Updates and Implications Youlin Qiao <i>National Cancer Center, Chinese Academy of Medical Sciences, Cancer Hospital, Professor, MD</i>
09:25-09:55	Aging and chronic disease: recent advances in MVM with cognition and immunity Patricia Lynne Conway <i>Nanyang Technological University (NTU), Singapore, Professor</i>
09:55-10:00	Discussion Prof. Xiaoguang Yang Prof. Kang Yu
10:00-10:20	A discussion on the recent ESPEN guideline on nutrition therapy for patients with cancer Maurizio Muscaritoli <i>Clinical Nutrition Management Unit, Sapienza University, Italy, MD</i>
10:20-10:40	Effects of nutrition management based on ePROs Minghua Cong <i>National Cancer Center, Chinese Academy of Medical Sciences, Cancer Hospital, Professor, MD</i>
10:40-11:00	Nutrigram: A new body composition parameter for nutritional assessment JACOPO TALLURI <i>AKERN Institute, Italy, Coni School of Sport, Italy, MD</i>
11:00-11:20	Association of methyl donor nutrients with prognosis of primary liver cancer and the related mechanism Huilian Zhu <i>Sun Yat-sen University, Professor, MD</i>
11:20-11:40	Cancer-related malnutrition - Influence of cachexia and sarcopenia on patient's outcome and quality of life. Maurizio Muscaritoli <i>Clinical Nutrition Management Unit, Sapienza University, Italy, MD</i>
11:40-12:00	Cancer-related malnutrition - how to manage it with an multimodal approach under special consideration of a medical nutrition therapy including special nutrients. Vanessa Fuchs <i>Hospital General DE MEXICO, MD, PhD, RD</i>

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>	
Closing Ceremony	Nutrition Science and Technological Innovation	Date: Sept. 17, 8:30-12:00 Room: 115B
Symposia 16 AM	Hosted by: Nutrition and Healthy Food Branch, Chinese Nutrition Society Supported by: BYHEALTH Institute of Nutrition & Health Chair: Prof. Guiju Sun	
Lunch Session 16	08:30-08:35 Opening speech 08:40-09:05 New Concept and New Approach Based Precision Nutrition and Health Studies Xu Lin <i>Shanghai Institute of Nutrition and Health, Hangzhou Institute for Advanced Study, UCAS, Chief Professor</i> 09:05-09:30 Human Cellular Senescence and New Pipelines of Senotherapeutics Development Yu Sun <i>Shanghai Institute of Nutrition and Health, Professor</i> 09:30-09:55 Study on the Relationship between Dietary Carotenoids and Cognitive Decline in Elderly People and its Mechanism Changzheng Yuan <i>Zhejiang University, Professor</i> 09:55-10:20 International Trade and Innovative Development of Dietary Supplements Zhongpeng Zhang <i>China Nutrition and Health Food Association, Secretary-General</i> 10:20-10:45 Re-packaging Bovine Lactoferrin from Milk to Support Bone Health and Fight Infections Simon Swift <i>The University of Auckland, Professor</i> 10:45-11:10 Effect of Water-soluble Tomato Concentrate Supplementation on Platelet Function: Evidence from Randomized Clinical Trials Yan Yang <i>School of Public Health (Shenzhen), Sun Yat-Sen University, Associate Dean</i> 11:10-11:35 Sialic Acid Based Probiotics Intervention to Lactating Mother Improved Neonatal Gut Microbiota and Immune Responses by Regulating S-MOs Synthesis via the Gut-breast Axis Ming Li <i>Dalian Medical University, Professor</i>	
Symposium 17 AM		
Symposia 17 PM		
Oral Session		

Concurrent Symposia Program Schedule

The Science of Aging: Nutritional Approaches for Healthy Aging		Date: Sept. 17, 8:30-11:44 Room: 118
Hosted by:	Geriatric Nutrition Branch, Chinese Nutrition Society	
Chair:	Prof. Mei He	
08:30-08:40	Opening Session	
08:40-09:00	The nutritional status of Chinese elderly and nutrition improvement actions Jian Zhang <i>National Institute for Nutrition and Health, China CDC, Professor</i>	
09:00-09:20	Mitochondrial DNA mutation and aging Zhenglong Gu <i>Fudan University, Greater Bay Area Institute of Precision Medicine (Guangzhou), Professor</i>	
09:20-09:40	Advances in dietary protein requirements of the elderly Min Li <i>National Institute for Nutrition and Health, China CDC, Professor</i>	
09:40-10:00	Study on protein and immunity in the elderly Xin You <i>Peking Union Medical College Hospital, Professor</i>	
10:00-10:20	Progress on the relationship of optimal BMI cutoffs with chronic diseases and mortality in the aged population Renyong Xu <i>Renji Hospital Affiliated to Shanghai Jiaotong University School of Medicine, Professor</i>	
10:20-10:40	Animal and plant protein sources and sarcopenia Huilian Zhu <i>School of Public Health, Sun Yat-sen University, Professor</i>	
10:40-11:00	Influence of vitamin A and D on MTB infection in the elderly Qiuzhen Wang <i>School of Public Health, Qingdao University, Professor</i>	
11:00-11:20	Efficacy of plant-derived bio-active compounds in modulating cancer and age-related diseases Surajit Pathak <i>Department of Biotechnology, Faculty of Allied Health Sciences, Chettinad Academy of Research & Education (CARE) , Chettinad Hospital and Research Institute (CHRI) , Professor</i>	
11:20-11:28	Association between early life nutrition and frailty in the elderly Zhaofeng Zhang <i>School of Public Health, Peking University, Associate professor</i>	
11:28-11:36	Clinical application of oral nutritional supplementation in elderly patients Junmei Tian <i>Luo Yang Central Hospital, Attending Physician</i>	
11:36-11:44	Investigation on betaine delaying aging-related muscle loss via improving the mitochondrial respiration Si Chen <i>School of Public Health, Sun Yat-Sen University, Post Doctor</i>	

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>		
Closing Ceremony	New Advances in Clinical Application of FSMP and Registered Dietitian Professional Practice		Date: Sept. 17, 8:30-12:00 Room: 408A
Symposia 16 AM	Hosted by: Medical Food and Nutrition Support Branch, Chinese Nutrition Society Supported by: Department of Nutrition, Xinhua Hospital, Shanghai Jiaotong University School of Medicine Shanghai Institute for Pediatric Medicine Shanghai Key Laboratory of Pediatric Gastroenterology and Nutrition Chair: Prof. Wei Cai		
Lunch Session 16	08:30-08:35 Opening Session Wei Cai <i>Shanghai Jiaotong University, School of Medicine, Xinhua Hospital, Professor Chinese Nutrition Society, Vice President</i>		
Symposia 16 PM	08:35-09:05 International status and trends in the development of special medical foods for rare diseases Wei Cai <i>Shanghai Jiaotong University, School of Medicine, Xinhua Hospital, Professor Chinese Nutrition Society, Vice President</i>		
Dinner Session 16	09:05-09:35 Clinical application and challenge of special medical food in hospital Yi Feng <i>Shanghai Jiaotong University, School of Medicine, Xinhua Hospital, China, Professor</i>		
Symposium 17 AM	09:35-10:00 Clinical application of special medical foods for rare diseases in China Wenyi Lu, RD <i>Shanghai Jiaotong University, School of Medicine, Xinhua Hospital, China, Professor</i>		
Symposia 17 PM	10:00-10:30 Introduction to Registered Dietitian’s Clinical Work in Pediatrics in Hong Kong Gordon Cheung <i>Hong Kong Nutrition Society, President</i>		
Oral Session	10:30-11:00 Analysis of employment situation of overseas registered dietitians in China Yajie Zhang, RD <i>Shanghai Jiaotong University, School of Medicine, Xinhua Hospital, China</i>		
	11:00-11:30 Vegetarian diet and cardiovascular-metabolic diseases and cancer Duo Li <i>Qingdao University, China, Professor</i>		
	11:30-11:55 Whether a rationally organized Chinese vegetarian diet can meet the nutritional requirements of the human body Xiuhua Shen <i>School of Medicine, Shanghai Jiaotong University, China, Professor</i>		
	11:55-12:00 Closing Address		

Concurrent Symposia Program Schedule

Innovations in Dietary Guidelines: New Approaches and Country Experiences

Date: Sept. 17, 14:00-15:25
Room: 408A

Hosted by:	Food and Agriculture Organization of the United Nations (FAO) Federation of Asian Nutrition Societies (FANS)
Chair:	Dr. Bridget Holmes
14:00-14:05	Opening Lynnette Neufeld, PhD <i>Food and Nutrition Division, FAO, Director</i>
14:05-14:15	Innovation in Dietary Guidelines: Diet Modelling Enkhtaivan Gombosuren <i>Mongolian Nutrition Society, President, Professor</i>
14:15-14:25	Dietary Guideline: Innovation in Targeted Nutrition Yuxin Yang <i>Chinese Nutrition Society, President, Professor</i>
14:25-14:40	FAO Food Systems-Based Dietary Guidelines (FSBDGs) Methodology: Principles and Approach Ana Islas Ramos, EdD <i>FAO, Nutrition Officer</i>
14:40-14:50	The dietary guidelines' process in Ghana: a food systems approach Richmond Aryeetey, PhD <i>University of Ghana School of Public Health</i>
14:50-15:20	Discussion with audience <i>Moderated by the Chair</i>
15:20-15:25	Closing Fatima Hachem, PhD <i>FAO, Senior Nutrition Officer</i>

Plenary Session

Closing Ceremony

Symposia 16 AM

Lunch Session 16

Symposia 16 PM

Dinner Session 16

Symposium 17 AM

Symposia 17 PM

Oral Session

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>	
Closing Ceremony	Scientific Writing for Publication	Date: Sept. 17, 14:00-15:30 Room: 408B
Symposia 16 AM	Hosted by:	The Nutrition Society, UK and Ireland
	14:00-14:20	The publishing process
	14:20-14:50	Drafting a manuscript
	14:50-15:10	Peer review process
	15:10-15:30	Promoting your research
Lunch Session 16		
Symposia 16 PM		
Dinner Session 16		
Symposium 17 AM		
Symposia 17 PM		
Oral Session		

Concurrent Symposia Program Schedule

Key Nutritional Health Issues of School Children		Date: Sept. 17, 14:00-16:00 Room: 107
Hosted by:	Chinese Association for Student Nutrition & Health Promotion	
Supported by:	Inner Mongolia Mengniu Dairy (Group) Limited by Share Ltd. Hangzhou Joyoung Soymilk&Food CO.,LTD.	
Chair:	Prof. Yongxiang Chen	
14:00-14:30	The impact of nutrition on mental health of young people Cecilia A. Essau <i>University of Roehampton, London, UK, Professor</i>	
14:30-15:00	Applying Mendelian randomization to appraise causal relationships between nutrition and myopia Ching-Yu Cheng <i>National University of Singapore, Professor</i>	
15:00-15:30	Progress of multifaceted intervention studies on prevention of childhood obesity Haijun Wang <i>School of Public Health, Peking University, Vice Dean, Professor</i>	
15:30-16:00	Diet change of Chinese children and adolescents in 40 years Qian Zhang <i>National Institute for Nutrition and Health, China CDC, Professor</i>	
16:00-16:30	The association of dietary pattern and chronic diseases among children and adolescents in China Dongmei Yu <i>National Institute for Nutrition and Health, China CDC, Professor</i>	

Plenary Session	Concurrent Symposia Program Schedule		
Closing Ceremony	From Diet to Dementia: Investigating the Role of Nutrition in Brain Health Hosted by: Nutrition and Neuroscience Branch, Chinese Nutrition Society Supported by: Nutrition for Special Dietary Needs Branch, Chinese Nutrition Society Swisse Nutrition Center SHANGHAI YIPAIKE BIOTECHNOLOGY CO.LTD Standard Group (Mighty) R&D Center Chair: Prof. Guowei Huang Prof. Rong Xiao Prof. Yugang Jiang Prof. Shuang Rong Prof. Yuandi Xi	Date: Sept. 17, 14:00-17:55 Room: 101	
Symposia 16 AM	14:00-14:30 Opening Session Yuexin Yang <i>National Institute for Nutrition and Health, China CDC, Professor</i> Rong Xiao <i>Capital Medical University, Professor</i>		
Lunch Session 16	14:30-14:50 Adaptive medicine and prevention and treatment of geriatric diseases Xunming Ji <i>Capital Medical University, Vice President, Professor</i> 14:50-15:10 Anti-inflammatory diet and brain aging Weili Xu <i>Aging Research Center, Department of Neurobiology, Care Sciences and Society, Karolinska Institutet, Associate Professor</i>		
Symposia 16 PM	15:10-15:30 Cohort study of nutrition and neurodegenerative diseases Xiang Gao <i>Fudan University, Distinguished Professor</i> 15:30-15:50 Microglial glycolysis preceeds pathogenesis of Alzheimer’s Disease Zengqiang Yuan <i>Beijing Institute of Basic Medical Sciences, Principal Investigator</i> 15:50-16:10 Short - and long-term health effects of social separation and non-drug interventions Jing Liang <i>School of pharmacy, University of southern California, Professor</i>		
Dinner Session 16	16:10-16:20 Break 16:20-16:35 Dietary Patterns and Risk of Incident Dementia Jintai Yu <i>Department of Neurology, Huashan Hospital, Fudan University, Deputy Head, Professor</i> 16:35-16:50 Time-Restricted Feeding Alleviates Cognitive Impairment in Alzheimer’s Disease: Exploring the Role of Gut-Brain Axis Mechanism Zhigang Liu <i>Department of Food Nutrition and Health, Northwest A&F University, Deputy Director</i>		
Symposium 17 AM	16:50-17:05 MIND dietary pattern and age-related cognitive decline Changzheng Yuan <i>Zhejiang University, Research Professor</i> 17:05-17:20 A formulated beverage containing Mulberry Leaf extract and Tryptophan taken with evening-meal results in improved sleep and next-day cognitive function in adults: a double-blind placebo-controlled cross-over RCT Chun Siong Soon <i>Yong Loo Lin School of Medicine, National University of Singapore, Senior Research Fellow</i>		
Symposia 17 PM	17:20-17:35 Role of PQQ in brain health and anti-aging Bo Chen <i>Fudan University, Professor</i> 17:35-17:50 Consensus of nutrition experts on maintaining the cognitive function in the aged Yugang Jiang <i>Tianjin Institute of Environmental and Operational Medicine,Professor</i> 17:50-17:55 Summary Guowei Huang <i>Tianjin Medical University, Professor</i> Yugang Jiang <i>Tianjin Institute of Environmental and Operational Medicine, Professor</i>		
Oral Session			

Concurrent Symposia Program Schedule

From Plates to Microbes: How Nutrition Influences the Human Microbiota and Health

Date: Sept. 17, 14:00-17:00
Room: 104

Hosted by: Probiotics-Prebiotics and Health Branch, Chinese Nutrition Society

Supported by: Novozymes OneHealth
IFF Health

Chair: Prof. Ruifu Yang
Prof. E Siong Tee

14:00-14:30 **Clinical study of oat β -glucan-based prebiotic combinations on intestinal improvement**
Guiju Sun
Southeast University, Professor

14:30-15:00 **International manegment on probiotics**
E Siong Tee
Nutrition Society of Malaysia, Chairman

15:00-15:30 **Supporting women's health and wellness throughout the lifespan**
Anders Henriksson
IFF Health, Director of Applications and Technical Support, Asia Pacific

15:30-16:00 **Taking probiotics can help reduce societal costs of flu-like sickness**
Lars Bredmose
Chr. Hansen Global, Science Director

16:00-16:30 **Association between gut microbiota and health in older populations: oligosarcopenia and bone health in older adults**
Surajit
Pathak Chettinad Hospital & Research Institute, India, Professor

16:30-17:00 **Probiotics supplementation improves aerobic capacity and relieves anxiety in badminton players: a placebo-controlled, double-blinded, randomized Trial**
Mahenderan Appukutty, PhD
FNSM, FMASO, Associate Professor

Concurrent Symposia Program Schedule

Dietitian Development and Future Diet Innovation Forum

Date: Sept. 17, 14:00-17:20
Room: 105

Hosted by:	Dietitian Association of Sichuan Province Culinary College of Sichuan Tourism University
Chair:	Prof. Wen Hu Prof. Duo Li
14:00-14:25	Talent Training and Practice on Nutrition and Health Science Popularization Li He <i>National Institute for Nutrition and Health, China CDC, Professor</i>
14:25-14:50	Chinese Macronutrient Acceptable Range: a Randomized Controlled Trial Duo Li <i>Institute of Nutrition and Health, Qingdao University, Executive Vice Dean, Chief Professor</i>
14:50-15:15	Discussion on Standardized Training Plan for Clinical Dietitians Kang Yu <i>Beijing Union Medical College Hospital, Professor</i>
15:15-15:40	Strategic Planning on Sustainable Nutrition in Healthcare - Education and Implementation of Plant Based Menus Clara Ming <i>Nutrition Department and Patient Meal Service at Shanghai Jiahui International Hospital, PI, Advisor</i>
15:40-16:05	Nutrition in Sichuan Cuisine and the Use of Diet to Prevent Chronic Diseases Guo Zeng <i>West China School of Public Health, Sichuan University, Professor</i>
16:05-16:30	Reflection and Exploration on the Construction of Clinical Nutrition Discipline and Personnel Training System Wen Hu <i>West China Hospital, Sichuan University, Professor</i>
16:30-16:55	The Use of Nutritional Techniques in Pre-cooked Food Xiang Li <i>Dean of Culinary College, Sichuan Tourism College, Professor</i>
16:55-17:20	Food and Nutrition, Food Culture and Behavior in Breakfast in Malang City, Indonesia Yang Nadia Miranti <i>University of Brawijaya, Lecturer</i>

Concurrent Symposia Program Schedule

Nutrition for Community Health

Date: Sept. 17, 14:00-17:30
Room: 106

Hosted by:	Community Nutrition and Health Management Branch, Chinese Nutrition Society Hebei Key Laboratory of Nutrition and Health
Supported by:	Nestlé Health Science
Chair:	Prof. Zengning Li Prof. Andrea Braakhuis
14:00-14:25	The debate of which diet is better, vegetarian or flexitarian? Andrea Braakhuis <i>The University of Auckland, Auckland, New Zealand, Dean of the dietetics Department</i>
14:25-14:50	Community health focusing on elderly, sarcopenia and importance of protein. Kalpana Bhaska <i>Singapore Nutrition and Dietetic Association, President</i>
14:50-15:15	Impact of diet on aging and neurodegenerative disease: advancing nutrition research and practice among Chinese population Guo Cheng <i>West China Second University Hospital, Sichuan University, Professor; Department of Discipline Construction, West China Medical Center, Sichuan University, Minister; Development and Planning Division, Sichuan University, Vice Director</i>
15:15-15:40	Food Environment Interventions to Improve the Dietary Behaviour of Young Adults in Tertiary Education Settings Rajshri Roy <i>The University of Auckland, Auckland, New Zealand; Public Health Branch in New Zealand Association of Dietitians, Chair</i>
15:40-16:05	Digital intelligent community nutrition and health management: Current situation and future trends Dapeng Liu <i>Hebei Shichuang Information Technology Co., LTD, Chairman of the Board</i>
16:05-16:30	Nutrition for Community Health Zengning Li <i>The First Hospital of Hebei Medical University, Head of Clinical Nutrition; Hospital Stomatocology Hebei Medical University, Professor</i>
16:30-16:55	Vitamin D Evaluation and Management Shiqi Tang <i>Chairman of Health Management Branch of Chinese Nutrition Society, Professor</i>
16:55-17:20	The role of time-limited eating in the health management of metabolic diseases. Shuang Rong <i>School of Public Health, Wuhan University, Professor</i>

Plenary Session

Closing Ceremony

Symposia 16 AM

Lunch Session 16

Symposia 16 PM

Dinner Session 16

Symposium 17 AM

Symposia 17 PM

Oral Session

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>		
Closing Ceremony	Nutrition and Cognition in Early Life	Date: Sept. 17, 14:00-16:30 Room: 108	
Symposia 16 AM	Hosted by: Nutrition Science and Research Grant Committee of Chinese Nutrition Society Supported by: Heilongjiang Feihe Dairy Co., Ltd. Chair: Prof. Guowei Huang Prof. Kraisd Tontisirin		
Lunch Session 16	14:00-14:25 Epigenetic Regulation of Epigenetic Factor CDYL in Neural Development and Neural Developmental Disorders Yun Wang <i>Neuroscience Research Institute, Peking University, Professor</i>		
	14:25-14:50 Establishment of Gut Microbiota in Infants and its Relationship with Neural Development Gang Wang <i>Jiangnan University, Professor</i>		
Symposia 16 PM	14:50-15:15 Nutrient Recommendations for Growing-up Milk Kraisd Tontisirin <i>Mahidol University, Professor</i>		
Dinner Session 16	15:15-15:40 Research Progress and Application of Functional Components of Nutrition in Brain Health Guowei Huang <i>Tianjin Medical University, Professor</i>		
Symposium 17 AM	15:40-16:05 The Gut Brain Axis and Beyond: Exploring the Impact of Human Milk Oligosaccharides on the Developing Brain Kristen Finn, PhD <i>dsm-firmenich, Lead Scientist Early Life Nutrition</i>		
Symposia 17 PM	16:05-16:30 Key Nutrients in Breast Milk Promoting Brain Development and its Application in Infant Formula Jufang Li <i>Feihe Dairy, Senior Scientist</i>		
Oral Session			

Concurrent Symposia Program Schedule

Special Foods and Well-being: Balancing Safety and Functionality (Health Supplements, Medical Foods, Infant Foods)

Date: Sept. 17, 14:00-17:20
Room: 110

Hosted by:	Sichuan Nutrition Society
Supported by:	Nutritional Toxicology Branch, Chinese Nutrition Society Sichuan Food Safety Society West China School of Public Health, Sichuan University Food Safety Monitoring and Risk Assessment Key Laboratory of Sichuan Province
Chair:	Prof. Lishi Zhang Assoc. Prof. Jianlin Wu
14:00-14:25	Special food supervision and related regulations and standards in China Xiaoguang Yang <i>National Institute for Nutrition and Health, China CDC, Professor</i>
14:25-14:50	The importance of nutritional support in people with chronic diseases Fei Li <i>Clinical and Nutrition Science, Abbott Nutrition China R&D Center, Associate Director</i>
14:50-15:15	Precise positioning and comprehensive development of “One Root of Medicine and Food” active ingredients based on multi-dimensional analysis Jianlin Wu <i>Macau University of Science and Technology, Associate Professor</i>
15:15-15:40	Phytochemicals and atherosclerosis Wenhua Ling <i>School of Public Health, Sun Yat-sen University, Professor</i>
15:40-16:05	Roles and mechanisms underlying nutrient metabolism in cancer treatment Xu Qian <i>Nanjing Medical University, Professor</i>
16:05-16:30	Application of TTC approach in food safety risk assessment Haixia Sui <i>China National Center for Food Safety Risk Assessment, Research Professor</i>
16:30-16:55	Efficacy and safety of HMB in medical nutrition Koh, Hong Xiang (Frederick) <i>Sengkang General Hospital, Associate Consultant</i>
16:55-17:20	Changes in the function of health food in China and thinking on the development of new functions Lishi Zhang <i>West China School of Public Health, Sichuan University, Professor</i>

Plenary Session	<h1>Concurrent Symposia Program Schedule</h1>		
Closing Ceremony	Research Progress of Nutrition and Diabetes: from Basic to Clinic		Date: Sept. 17, 14:00-18:10 Room: 115A
Symposia 16 AM	Hosted by: Diabetes Nutrition Branch, Chinese Nutrition Society Dietary and Culinary Nutrition Branch, Chinese Nutrition Society		
Lunch Session 16	Supported by: Abbott Laboratories Trading (Shanghai) Co., Ltd. Methuselah (Shanghai) Medical Technology Inc.		
Symposia 16 PM	Chair: Dr. Sheng Ge Prof. Duo Li		
Dinner Session 16	14:00-14:20	Overview of nutrition and diabetes Duo Li <i>Qingdao University, Professor</i>	
	14:20-14:40	Nutriceutical of diabetes: Japanese experience Shaw Watanabe <i>Tokyo Agriculture University, Professor</i>	
Symposium 17 AM	14:40-15:00	Type 2 Diabetes Originated from NAFLD Xiaoying Li <i>Zhongshan Hospital, Fudan University, Professor</i>	
	15:00-15:20	Plant-based diet and diabetes Wen-Harn Pan <i>Academia Sinica, Professor</i>	
Symposia 17 PM	15:20-15:40	Tranditional Jiangnan Diet and Cardiometabolic Homeostasis Jiqui Wang <i>Ruijin Hospital, Shanghai Jiao Tong University School of Medicine, Principle Investigator</i>	
	15:40-16:00	Correlates of metabolic syndrome in middle-aged and older Chinese adults in Malaysia Leng Huat Foo <i>University Sains Malaysia, Senior lecturer</i>	
Oral Session	16:00-16:30	Recent advances in Nutrition and Diabetes Li. Xiang <i>Abbott Nutrition R&D, North Asia Region, Director</i>	
	16:30-16:50	Shared causes and prevention stratiges on diabetes based on nutritional omic approach Tao Huang <i>Peking University, Professor</i>	
	16:50-17:10	Nutri-microbiome epidemiology for diabetes research Jusheng Zheng <i>Westlake University, Professor</i>	
	17:10-17:30	A contextual approach to the nutritional management of diabete Mark L. Wahqvist <i>Monash Univesity, Professor</i>	
	17:30-17:50	Strategic health policies that could impact the growth of diabetes in India Anura Kupad <i>St John's Medical College, Professor</i>	
	17:50-18:10	Guidelines of dietary therapy for adult diabetic patients 2023 Sheng Ge <i>Shanghai Sixth People's Hospital, PhD, MD</i>	

Concurrent Symposia Program Schedule

Nucleotides Research: Function and Application

Date: Sept. 17, 14:00-17:00
Room: 115B

Hosted by:	Nutrition Science and Research Grant Committee of Chinese Nutrition Society
Supported by:	Zhen-ao Shuangdi (Dalian) Health Industry Group Co., LTD
14:00-14:40	Study on the safety and function of nucleotides Yong Li <i>Peking University Health Science Center, Professor</i>
14:40-15:20	New progress in nucleotide antiaging research Meihong Xu <i>Peking University Health Science Center, Professor</i>
15:20-15:50	Evaluation and Management of Novel food: Present and Future Yan Song <i>China National Center for Food Safety Risk Assessment, Professor</i>
15:50-16:20	Nucleotide production technology and quality control Kun Zhao <i>Dalian Zhen-Ao Bio-Tech Co., Ltd., General Manager</i>
16:30-17:00	Round Table: The Future of Nucleotide: Regulation, Application, and Approach

Plenary Session

Closing Ceremony

Symposia 16 AM

Lunch Session 16

Symposia 16 PM

Dinner Session 16

Symposium 17 AM

Symposia 17 PM

Oral Session

Plenary Session	<h1>Oral Abstract Presentation Schedule</h1>		
	Sept 16, 12:30-13:30		
Closing Ceremony	Oral 1:	Balancing Health and Diet: Unveiling Dietary Patterns Chair: Ann Yaktine	Room: 103
Symposia 16 AM	Oral 2:	Innovations in Food Technology and Nutritional Quality: From Preservation Techniques to Sensory Experiences Chair: Haoen Ding	Room: 104
	Oral 3:	Nutritional Paradigms A Deep Dive into Unhealthy and Healthy Dietary Pattern Chair: Le Thi Hop	Room: 105
	Oral 4:	Nutritional Perspectives in Oncology: Assessments, Prognostics, and Therapeutic Approaches Chair: Yizhun Zhu	Room: 106
	Oral 5:	Nutri-Skeletal Dynamics: Examining Nutrition’s Impact on Musculoskeletal Health Chair: Mahenderan Appukutty	Room: 107
Lunch Session 16	Oral 6:	Exploring Nutritional Strategies for Optimal Cardio-metabolic Health Chair: Hyun-Sook Kim	Room: 110
Symposia 16 PM	Oral 7:	Navigating the Nutritional Landscape of Diabetes Management Chair: Biju Pottakkat	Room: 115A
	Oral 8:	Nutrition and Gut Health Chair: Jusheng Zheng	Room: 115B
	Oral 9:	Nutrition and Brain Health: Insights into Mental Well-being and Cognitive Functions Chair: Jeongseon Kim	Room: 118
Dinner Session 16	Oral 10:	Exploring Maternal and Infant Nutrition: Evidence from Chinese Studies Chair: Yixiang Su	Room: 406A
	Oral 11:	Nutritional Modulation of Metabolic Health and Glucose Regulation Chair: Soksoi lao	Room: 408A
Symposium 17 AM			
Symposia 17 PM			
Oral Session			

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Oral Abstract Presentation Schedule

Sept 16, 18:00-20:00

Oral 12:	Nutraceutical Innovations: From Functional Ingredients to Metabolic Modulation Chair: Xiaofeng Dai, Hui Xia	Room: 101
Oral 13:	Basic Nutrition: From Molecular Mechanisms to Health Impacts Chair: Qiuzhen Wang, Tianshu Han	Room: 106
Oral 14:	Nature’s Nutraceuticals: Delving into Functional Foods and their Benefits Chair: Guowei Huang, Jieshu Wu	Room: 107
Oral 15:	Advancements in Clinical Nutrition and Health Management Chair: Shankuan Zhu, Yu An	Room: 108
Oral 16:	Nourishing the Next Generation: Advances in Childhood and Adolescent Nutrition Chair: Ai Zhao, Yuhan Tang	Room: 115A
Oral 17:	Bridging Nutrition and Clinical Outcomes: Metabolic Disorders, Dietary Supplements, and Health Chair: Zhongxiao Wan, Wang Liao	Room: 115B
Oral 18:	Weight Management and Metabolic Health: Comparative Approaches and Novel Insights Chair: Le Ma, Geng Zong	Room: 118
Oral 19:	Cultivating Changes: Nutrition Education and Beyond Chair: Huanling Yu, Wenli Zhu	Room: 408A
Oral 20:	From Scarcity to Sufficiency: Addressing Malnutrition and Food Insecurity in Asia Chair: Xiang Gao, Shanshan Cui	Room: 408B

Plenary Session	<h1>Oral Abstract Presentation Schedule</h1>		
	Sept 17, 12:30-13:30		
Closing Ceremony	Oral 21:	Nutrition and the Environment: A Holistic Approach to Sustainable Diets in Asia Chair: Guo Zeng	Room: 101
	Oral 22:	From Ingredients to Impact: Unveiling the Potentials of Bioactive Compounds Chair: Kiyotaka Nakagawa, Lei Wang	Room: 103
Symposia 16 AM	Oral 23:	The Omics Revolution: Exploring the Frontiers of Nutrition and Medicine Chair: Ahmad Sulaeman	Room: 104
	Oral 24:	Harnessing Technology: Revolutionizing How We Understand Food Intake Chair: Laxmaiah	Room: 105
	Oral 25:	Decoding the Diet-Cancer Nexus: Clinical and Molecular Perspectives Chair: Nalinee Chongviriyaphan	Room: 106
Lunch Session 16	Oral 26:	Epidemiological Insights: Dietary Practices and Health Impacts in the Asia-Pacific Region Chair: Do Thi Ngoc Diep	Room: 107
	Oral 27:	The Vital Micronutrient Matrix: Impacts on Health and Disease Chair: Yichun Hu	Room: 108
	Oral 28:	Nutrition Education: Bridging Knowledge, Behavior, and Health Outcomes Chair: Wenjie Li	Room: 110
Symposia 16 PM	Oral 29:	Nutritional Genomics and Beyond: Multi-Omics Approaches in Dietary Research Chair: Shaokang Wang	Room: 115A
	Oral 30:	Public Health Priorities: Navigating Nutritional Concerns in China Chair: Yuxia Ma	Room: 115B
Dinner Session 16	Oral 31:	From Womb to Weaning: Nutritional Pathways to Optimal Growth Chair: Jing Zhu, Jie Wang	Room: 118
	Oral 32:	Nutritional Neuropsychology: Diet’s Role in Brain Health and Mood Disorders Chair: Fubin Qiu	Room: 408A
Symposium 17 AM			
Symposia 17 PM			
Oral Session			

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Special Events

UNICEF China Healthy Food City Symposium (By Invitation Only)

Date and Time: Sept. 14, 14:00-17:00

Location: Conference Room 204

FANS Executive Council Meeting (By Invitation Only)

Date and Time: Sept. 14, 15:00-17:30

Location: FANS Meeting Room, 5th floor of Tianfu International Convention Center

Press Release of Dietary Reference Intakes for China 2023 (By Invitation Only)

Date and Time: Sept. 15, 14:00-15:00

Location: Media Room 109

Press Release of Salt Reduction Initiative in Asia (By Invitation Only)

Date and Time: Sept. 15, 15:00-16:00

Location: Media Room 109

WHO-CHINA Close Door Forum on Obesity Control (By Invitation Only)

Date and Time: Sept. 15, 16:00-17:00

Location: Media Room 109

Expert Interview (By Invitation Only)

Date and Time: Sept. 15, 17:00-18:00

Location: Media Room 109

FANS 50th Anniversary Celebration Gala Dinner

Date and Time: Sept. 15, 18:30-21:00

Location: Room 406

Join by invitation or purchase tickets.

Press Release of Glycemic index labeling specification for prepackaged foods (By Invitation Only)

Date and Time: Sept. 16, 13:30-14:30

Location: Media Room 109

Press Release of Appropriate range of body mass index and body weight management guidelines for Chinese oldest old (By Invitation Only)

Date and Time: Sept. 17, 9:30-11:00

Location: Media Room 109

NEASIAFOODS Working Group Meeting (By Invitation Only)

Date and Time: Sept. 17, 12:30-13:30

Location: Media Room 109

Educational Tour

Date and Time: Sept. 18, 7:30-12:00

Assembly point: West Gate of Tianfu International Convention Center

Join by invitation or purchase tickets.

第 16 届全国营养科学大会“可持续营养助力未来”

时间: 9 月 16 日, 18:00-20:45

地点: 105室

主办方 中国营养学会
主席 杨月欣
执行委员会 马爱国、朱蓓薇、任发政、杨晓光、蔡威、肖荣、常翠青、刘烈刚、凌文华、于康、李增宁、丁钢强、孙长颢、韩军花

18:00-18:10 **领导致辞**
马爱国
中国营养学会常务 副理事长
青岛大学营养与健康研究院 院长

18:10-18:40 **中国DRIs的发展与应用**
马爱国
中国营养学会常务 副理事长
青岛大学营养与健康研究院 院长

18:40-19:10 **中国奶业现状与趋势**
任发政
中国营养学会常务 副理事长
中国工程院 院士
中国农业大学营养与健康研究院 院长

19:10-19:40 **Potential of microalgae in feeding the world**
雷新根
美国康奈尔大学 教授
J Nutr杂志 主编

19:40-20:00 **合理营养如何提升运动健康效益**
常翠青
中国营养学会 副理事长
北京大学第三医院 教授

20:00-20:20 **外周Aβ在2型糖尿病与阿尔茨海默病关联中的作用及机制研究**
刘烈刚
中国营养学会 副理事长
华中科技大学公共卫生学院 副院长

20:20-20:40 **食品风险评估方法应用进展**
刘兆平
国家食品安全风险评估中心 研究员/副主任

20:40-20:45 **结束**

更多主题报告请见前页。

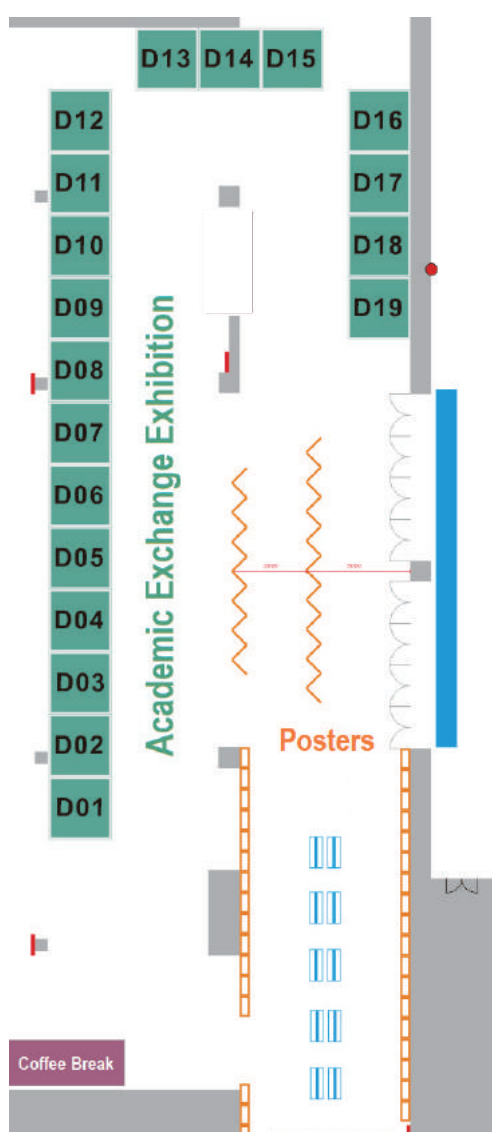
Platimun Partners and Academic Exchange Exhibition

Platimun Partners

Amway (China)
Nestlé (China)
Junlebao Dairy Group
Health And Happiness (H&H) China

Academic Exchange Exhibition

The Academic Exchange Exhibition is located at the right (south) side of the Exhibition Hall. Please refer to the following diagram for booth location.



Exhibitors:

D01 MDPI
D02 Food Innovation and Advances
D03 ASN/JN
D04 People's Medical Publishing House
D05 Peking University Medical Press
D06 World Animal Protection
D07 Chengdu Nutrition Society
D08-09 China Health Promotion Foundation
D10 ILSI
D11 The Nutrition Society
D12 Nutrition Society of India
D13 Japan Society of Nutrition and Food Science (JSNFS)
D14 Nutrition Association of Thailand
D15 Nutrition Society of Malaysia
D16 IUNS - ICN 2025 - Paris
D17 IUNS
D18 Chinese Nutrition Society
D19 FANS

Congress Supporting Services

Lunch

Free meals are provided for registered participants during lunch breaks from 12:00 to 13:15, Sept. 15-17, please pick up lunch boxes with your tickets (received with the conference materials) outside of the session rooms.

Simultaneous Interpretation Service

English-Chinese simultaneous interpretation is provided in selected venues. For simultaneous interpretation headphones, please present your valid ID card/driver's license/passport to the distribution desk at the entrance of the venue. Please take good care of the headphones and return them to the distribution desk after the conference.

To solve any problem(s) associated with the equipment during the conference, please feel free to consult the headphones distribution desk.

Volunteers

Volunteers in matching blue vest uniforms are ready to help you at the congress. Don't hesitate to ask for assistance!

Prayer Room

The Prayer Room is available at Room 113 on the 1st floor of the Convention Center.

First Aid

The First Aid Room is available at Room 119 on the 1st floor of the Convention Center.

Area Map



Area Map

Restaurants

① Gu Zao Men Niu Rou

The traditional delicacies from Leshan, Sichuan.

Weekdays: 10:00-22:00

Weekends/Holidays: 10:00-22:00

② Zi Gong Yan Bang Te Se Cai

Sichuan Yanbang cuisine, known for its rich, numbingly spicy and flavorful taste.

Weekdays: 9:00-21:00

Weekends/Holidays: 9:00-21:00

③ You Zi You Wei

It has the characteristics of local cuisine, mostly consisting of home style dishes.

Weekdays: 9:00-21:00

Weekends/Holidays: 9:00-21:00

④ LIQUOR FEAST

Suitable for business entertainment or gatherings.

Weekdays: 11:00-14:00, 17:00-22:00

Weekends/Holidays: 11:00-14:00,
17:00-22:00

⑤ Shu Wei Xian Chao Shou

Chengdu Special Dumpling Shop

Weekdays: 9:00-23:00

Weekends/Holidays: 9:00-21:00

⑥ SHEN BU LIAO Hot Pot

Sichuan Hot Pot

Weekdays: 9:00-23:00

Weekends/Holidays: 9:00-21:00

Hotel Connect Information

① Holiday Inn Chengdu Qinhuang	+86 (28) 6709 8888
② Courtyard by Marriott Chengdu South	+86 (28) 6719 8888
③ Yong'an Boutique Hotel	+86 (28) 6061 6666
④ Four Points by Sheraton Chengdu Tianfu New Area	+86 (28) 6759 6666
⑤ Chengdu Kaitongjinjiang Hotel	+86 (28) 8135 1666
⑥ Hampton by Hilton Chengdu WCIEC	+86 (28) 8585 6668
⑦ Chengdu Qinhuang Yong'an Hotel	+86 (28) 6311 8888
⑧ Vienna Hotel	+86 (28) 8151 0555-0

Local Information

144-hour Visa-free Transit Policy

The visa-free transit policy for foreigners is a part of the visa-free system implemented by countries around the world. It refers to the policy that foreigners can transit from one country to a third country without applying for a transit country visa and can stay in the transit country for a short period of time in accordance with laws or relevant regulations of the transit country.

Eligible passengers can present their valid entry/exit documents and a joint ticket to a third country (region) with a confirmed date and seat within 72/144 hours to the staff of the transportation vehicle on duty, and the person in charge of the transportation vehicle will declare to the border checkpoint before arriving at the above-mentioned port. After verification and approval, the border checkpoint will handle the 72/144-hour visa-free transit procedures for them.

Please find more information on **Travel & Visa Page** of congress website.

Weather

In autumn, the average high temperature in Chengdu may reach around 27°C (81°F), with the average low temperature around 20°C (68°F), and humidity around 80%.

Electricity

The electricity in China is 220 Volts /50 HZ.

Currency Exchange/ATM

The official currency in China is the Renminbi (RMB or CNY) or in Chinese “Ren-min-bi”. Currency exchange is available at most banks and large hotels. The Bank of China has an ATM network that allows cash withdrawals from major credit/debit cards. The Area Map indicates the locations of the nearby ATMs.

You may pay your bills with Alipay or WeChat pay (mobile phone apps) at any of the stores. To set up Alipay on your phone, please download the “Alipay” app (available in both Android and IOS app stores). After completing account registration on the app, you may add overseas bank cards (Visa, MasterCard and JCB supported).

Calling for Help

Police 110

Fire 119

Ambulance 120

Tourism Information

Please visit the travel desk for more local tourism information.

THE INTERNATIONAL UNION OF NUTRITIONAL SCIENCES (IUNS)



The International Union of Nutritional Sciences (IUNS) was first proposed in July of 1946 in London, and formalised in 1948. Since then the Union has grown steadily to over 85 members and held 21 international congresses around the world.

The Mission and Objectives of the IUNS are:

- To promote advancement in nutrition science, research and development through international cooperation at the global level.
- To encourage communication and collaboration among nutrition scientists as well as to disseminate information in nutritional sciences through modern communication technology.

THE FEDERATION OF ASIAN NUTRITION SOCIETIES (FANS)



The Federation of Asian Nutrition Societies (FANS) was officially established in 1973. It is an regional affiliated body of the International Union of Nutritional Sciences (IUNS). The Asian Congress of Nutrition is held by FANS every four years to encourage the exchange of information and experiences in nutrition research, training and action programs among the member countries.

Objectives of the FANS are:

- To foster international fellowship among nutrition scientists of the region and promote cooperative working arrangements particularly in the furtherance of nutrition research, training and action programs.
- To encourage the exchange of information and experiences in nutrition research, training and action programs among the member countries, particularly through the periodic holding of Asian Congress of Nutrition.
- To act as a liaison between the member countries and the International Union of Nutritional Sciences as well as the appropriate United Nations Agencies.

THE CHINESE NUTRITION SOCIETY



The Chinese Nutrition Society (CNS) founded in 1945, CNS is a nation-wide and non-profit academic organization dedicated to bring nutrition scientists and professionals together to advance nutrition science as well as to support the dissemination and application of nutrition to improve public health in China and beyond. CNS publishes science books and provides education and professional development opportunities to advance nutrition research, practice, and education.

CNS is composed of the board of directors, the executive council, the council, branches and working committees. Currently, CNS has over 60000 individual members from across China, including academics, nutritionists, clinicians, dietitians, health workers, educators, and students. The secretariat of CNS is located in Beijing.

Tel: +8610-83554781

Website: www.cnsoc.org

Email: CNS@cnsoc.org

Address: Chinese Nutrition Society, 16 floor, Unit 5, Building A, Fenghua Square, No 6 Guang-an-men-nei Street, Beijing, 100053, China

IUNS-ICN²⁰²⁵

International Congress of **Nutrition**

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